



NFHS LEADERSHIP SUMMIT



Applications for the 2019 National Leadership Summit are now available on the PIAA website. The 2019 NSLS theme is "Tomorrow's Leaders." This unique opportunity is designed to enhance the leadership skills of students and help them realize the privilege and power of their influence on their school, community, and state. The Summit hosted by the NFHS and will take place from July 22nd—24th in Indianapolis, IN.

For additional information and application click [here](#).

The deadline to submit your application to the PIAA office is March 8, 2019. For any additional questions please contact Lee Ann Blascovich (lblascovich@piaa.org).

Here is what last year's delegates had to say:

"... I truly had an amazing time and met amazing people...Through what I learned at the summit this year I have focused on improving others around me by setting a good example and showing other students and teammates how to be a leader and to just become better as a whole."

"...At the summit we were taught the value of every member of the team. I brought this back to my team and encouraged them to find their purpose on the team and strive to perfect their role. ... During the Leadership Summit I had the opportunity to work with Unified Sports. This is a memory I will forever remember. The athletes had such a positive outlook on life you could not help but smile when they laughed or gave you a hug."

2019-2020 Volleyball Rule Changes

On February 1st the NFHS posted rule changes proposed by the Volleyball Rules Committee and approved by the NFHS Board of Directors. The most notable of these changes are those to the uniform. The rules committee worked to improve the understanding of the uniform rules and to eliminate the solid color uniform requirement. The committee made sure that all currently compliant libero and team uniforms will remain compliant under the new rule. Also the committee approved a change to the uniform which will go into effect in 2023. A plain Arabic numeral of solid, clearly contrasting color from the body of the uniform will be required. This will eliminate the use of the border to create the color contrast.

In addition to rule changes for uniforms, there were changes to the timing of team roster submissions, clarification of specific duties for second referee, official scorer and coach, and a few additional rule changes. For a full listing of the 2019-2020 Volleyball rule changes please click [here](#), for PPT on contrasting uniform tops, please click [here](#).



PIAA and Special Olympics of Pennsylvania (SOPA) will host Unified Bocce Championships during the PIAA Boys' and Girls' Basketball Championship in March

SOPA and PIAA have once again joined forces to host the unified Bocce Championships. The unified bocce season is held from December to February with the culminating events in March. The Bocce Championships will be held Thursday, March 21st at 8:00 am., in the Hershey GIANT center.



SOPA currently works with 91 schools in interscholastic unified sports providing programs in bocce, track & field, and soccer. For more information on Interscholastic Unified Sports, click [here](#).

Upcoming Events:

March 7th—9th

Wrestling Championships
GIANT Center—Hershey

March 13th—16th

Swimming & Diving Championships
Bucknell University—Lewisburg

March 21st—23rd

Basketball Championships
GIANT Center—Hershey

May 17th—18th

Boys' Team Tennis Championship
Hershey Racquet Club—Hershey

May 24th—25th

Boys' Singles/Doubles Championships
Hershey Racquet Club—Hershey
Track & Field Championships
Shippensburg University—Shippensburg

June 8th

Boys' Volleyball Championships
Penn State University—State College
Lacrosse Championships
West Chester East HS—West Chester

June 13th—14th

Softball Championships
Penn State University—State College
Baseball Championships
Penn State University—State College



The Pennsylvania Interscholastic Athletic Association

goal is to provide educational, character building opportunities for students through athletics.

319,000

Student-Athletes

1,434

Member Schools

766 High Schools — 668 Junior High Schools

1 GOAL

Public Service Announcement Contest Deadline: March 8, 2019

Don't forget to submit your PSA focusing on the prevention of student OPIOID abuse. Winning spot will be shown during the 2019-2020 Championship live broadcasts. First place will receive \$1000 and second place \$500 for their schools' TV Production Department. Click [here](#) for additional information.

PUBLIC SERVICE ANNOUNCEMENT CONTEST



K12 to Market School Licensed Apparel through Amazon

For more information on K12 licensing, click [here](#)

2019 Spring Dates

Boys' Tennis, Track and Field,
Boys' Volleyball, Lacrosse,
Baseball and Softball

First Practice Date:

Monday, March 4th

First Inter-School Practice or Scrimmage Date:

Saturday, March 9th

First Contest Date:

Tennis: Monday, March 11th

2019 Spring Rules Meetings

Click the Patch for Information on Spring Rule Meetings



2019 TEAM WRESTLING CHAMPIONS

2A: REYNOLDS

3A: BETHLEHEM CATHOLIC

PIAA Wrestling & Basketball Championship Tickets:

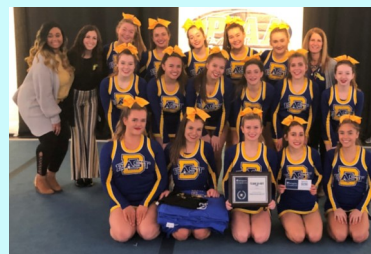
PIAA Wrestling Championship and Basketball Championship tickets are on sale. Tickets can be ordered through telephone or walk-up. For more information on Wrestling Tickets, click [here](#). For more information on Basketball Tickets, click [here](#).

The GIANT Center Box Office is open Monday-Saturday 9:00 am — 5:00 pm, phone number is (717) 534-3911.

2019 Champion Team Spirit and Coach Award

The Champion Team Spirit and Coach award is given to a deserving PIAA team and coach nominated for representing leadership, integrity, dedication, team commitment and community involvement.

The Team Spirit and Coach award are presented at the Competitive Spirit Championships. This year's Champion Team Spirit award went to Downingtown East Cougars. The Cougar cheerleaders have made numerous contributions to their community while also maintaining academic excellence. Some of their community outreach efforts includes, clinics for young cheerleaders, participation in their districts "Move Up" day and Positive Behavior plan implementation rally, the Buddy Walk for Down Syndrome Awareness, a Breast Cancer Awareness initiative, Thanksgiving meals for those in need, and marching in the Downingtown Christmas parade. From these examples, which only touch the surface of their community involvement, we congratulate them as the 2019 Champion Team Spirit Award recipients.



This year's Champion Coaches Award was presented to Marcy Behr of Pocono Mountain West High School. Marcy has been the head cheerleading coach and special education teacher at Pocono Mountain West for the last 24 years. She has been involved in most if not all community outreach and school activities at her school. She is the creator and advisor of the Big Panther/Little Panther program, she organizes monthly student-athlete visits to elementary schools to promote positivity, she is a member of the district's PRIDE program and she also coordinated multiple benefits for a cheerleader who was involved in a tragic accident. Based on these programs and the dedication, commitment, positivity, and enthusiasm brought to the Pocono Mountain West Cheerleading program, we congratulate Marcy Behr as the winner of the 2019 Champion Coaches Award.



PA Student-Athletes in the News

Two great stories on Pennsylvania student-athletes.

- West Perry's Deven Jackson and his positive outlook after losing his legs to a rare form of meningitis. [Article](#)
- Carlisle's Ben Nix and the surprise homecoming of his father Col. Delton Nix on Senior Night. [Article](#)



The NFHS Learning Center offers educational coursework for

administrators, coaches, students, officials and parents. They have recently created a course on **Student Mental Health and Suicide Prevention**. This course is FREE and designed for students, their peers, and anyone responsible for their care and well being. The course focuses on wellness (physical and psychological), while highlighting useful strategies and resources. Please click the [LINK](#) for information on the course as well as additional educational courses from the NFHS Learning Center.