



## Department of Health Approved Regional Concussion Courses

The Brain Injury Association of Pennsylvania along with the Pennsylvania Athletic Trainers' Society will be presenting FREE Approved Departments of Health and Education Regional Concussion Courses in all 12 PIAA Districts. The courses meet the Safety in Youth Sports Act requirements for concussion education for coaches and are being offered as an alternative to the approved online programs offered by the Centers for Disease Control and Prevention, the National Federation of State High School Associations and the Pennsylvania Athletic Trainers' Society. All attendees will be provided a course completion certificate to verify your participation in this event.

### Who should attend?

Coaches, athletes, parents, school administrators, physicians, school nurses, other health care professionals, sports officials, and anyone who wants to learn more about concussions. Athletic Trainers are encouraged to attend to learn how to design effective concussion policies with their physicians and school administrators. 1 CEU will be available for Athletic Trainers.

### What will you learn?

- Understand concussions and their severity
- Recognize concussion signs and symptoms
- Testing for concussions
- Concussion treatment including steps for returning to activity (sports and school) after a concussion
- How to develop/revise concussion management and prevention policies

### Where and when are the concussion courses?

If you are unavailable for your district meeting, you may attend a meeting in another district.

#### PIAA District 1

| Location  | Date                          | Time   | Register Here   |
|---|-------------------------------|--------|---|
| Council Rock South High School<br>2002 Rock Way<br>Holland Pa 18966 | Monday,<br>July 16th,<br>2012 | 3-5 PM | <a href="http://tinyurl.com/Concussion-Training-1">http://tinyurl.com/Concussion-Training-1</a> |

**PIAA District 2**

| Location   | Date   | Time      | Register Here   |
|--|--|-----------|---|
| King's College<br>Sheehy-Farmer Campus<br>Center 3 <sup>rd</sup> FL.<br>133 North River Street<br>Wilkes-Barre, PA 18711 | Thursday,<br>July 12 <sup>th</sup> ,<br>2012 | 10 - Noon | <a href="http://tinyurl.com/Concussion-Training-2">http://tinyurl.com/Concussion-Training-2</a> |

**PIAA District 3**

| Location  | Date   | Time      | Register Here   |
|---|--|-----------|---|
| Manheim Township<br>High School<br>PO Box 5134<br>Lancaster, PA • 17606 | Tuesday,<br>July, 17 <sup>th</sup> ,<br>2012 | 10 - Noon | <a href="http://tinyurl.com/Concussion-Training-3-1">http://tinyurl.com/Concussion-Training-3-1</a> |

| Location  | Date  | Time   | Register Here   |
|---|---|--------|---|
| Wilson High School<br>2601 Grandview Blvd.<br>West Lawn, PA 19609 | Friday,<br>August 3 <sup>rd</sup> ,<br>2012 | 2-4 PM | <a href="http://tinyurl.com/Concussion-Training-3-2">http://tinyurl.com/Concussion-Training-3-2</a> |

**PIAA District 4**

| Location  | Date                                       | Time   | Register Here   |
|---|--|--------|---|
| Susquehanna Health<br>System<br>700 High Street<br>Williamsport, PA 17701 | Sunday,<br>July 15 <sup>th</sup> ,<br>2012 | 4-6 PM | <a href="http://tinyurl.com/Concussion-Training-4-1">http://tinyurl.com/Concussion-Training-4-1</a> |

| Location                                    | Date  | Time   | Register Here   |
|---|---|--------|---|
| Geisinger Medical<br>Center<br>Danville, PA | Monday,<br>August 6 <sup>th</sup> ,<br>2012 | 6-8 PM | <a href="http://tinyurl.com/Concussion-Training-4-2">http://tinyurl.com/Concussion-Training-4-2</a> |

**PIAA District 5**

| Location  | Date                             | Time   | Register Here   |
|---|----------------------------------|--------|---|
| Somerset HS<br>645 South Columbia<br>Avenue<br>Somerset, PA 15501 | Monday,<br>July 23 <sup>rd</sup> | 5-7 PM | <a href="http://tinyurl.com/Concussion-Training-5">http://tinyurl.com/Concussion-Training-5</a> |

**PIAA District 6**

| Location   | Date  | Time             | Register Here   |
|--|---|------------------|---|
| Lock Haven University,<br>Greenberg Auditorium<br>Lock Haven, PA 17745 | Tuesday,<br>July 10 <sup>th</sup> ,<br>2012 | 10:00 to<br>noon | <a href="http://tinyurl.com/Concussion-Training-6">http://tinyurl.com/Concussion-Training-6</a> |

**PIAA District 7**

| Location  | Date                                      | Time   | Register Here   |
|---|---|--------|---|
| Penn Trafford HS<br>3381 Route 130<br>Harrison City, PA 15636 | Thursday,<br>July 19 <sup>th</sup> , 2012 | 6-8 PM | <a href="http://tinyurl.com/Concussion-Training-7">http://tinyurl.com/Concussion-Training-7</a> |

**PIAA District 8**

| Location   | Date                                      | Time    | Register Here   |
|--|---|---------|---|
| UPMC South Side<br>3200 South Water Street<br>Pittsburgh, PA | Thursday,<br>July 19 <sup>th</sup> , 2012 | 10-Noon | <a href="http://tinyurl.com/Concussion-Training-8">http://tinyurl.com/Concussion-Training-8</a> |

**PIAA District 9**

| Location   | Date  | Time             | Register Here   |
|--|---|------------------|---|
| Brockway High School<br>100 Alexander Street<br>Brockway, PA 15824 | Wednesday,<br>July 18 <sup>th</sup> ,<br>2012 | 6:30-<br>8:30 PM | <a href="http://tinyurl.com/Concussion-Training-9">http://tinyurl.com/Concussion-Training-9</a> |

**PIAA District 10**

| Location  | Date  | Time    | Register Here   |
|---|---|---------|---|
| Hickory High School<br>640 North Hermitage<br>Hermitage, PA 16148 | Tuesday,<br>July 10 <sup>th</sup> ,<br>2012 | 10-Noon | <a href="http://tinyurl.com/Concussion-Training-10">http://tinyurl.com/Concussion-Training-10</a> |

**PIAA District 11**

| Location  | Date  | Time                 | Register Here   |
|---|---|----------------------|---|
| East Stroudsburg Univ.<br>Sci Tech<br>200 Prospect Street<br>East Stroudsburg,<br>PA, 18301 | Thursday,<br>August 2 <sup>nd</sup> ,<br>2012 | 9:30-<br>11:30<br>AM | <a href="http://tinyurl.com/Concussion-Training-11-1">http://tinyurl.com/Concussion-Training-11-1</a> |

| Location  | Date  | Time          | Register Here   |
|---|---|---------------|---|
| Lehigh Valley Hospital<br>Cedar Crest location at<br>Route 78 and Cedar<br>Crest Blvd<br>250 Cetronia Road. Allen<br>town, PA 18104 | Saturday,<br>August, 11 <sup>th</sup> ,<br>2012 | 8-11:30<br>AM | <a href="http://tinyurl.com/Concussion-Training-11-2">http://tinyurl.com/Concussion-Training-11-2</a> |

**PIAA District 12**

| Location  | Date  | Time   | Register Here   |
|---|---|--------|---|
| North East High School<br>1601 Cottman Ave<br>Philadelphia PA. 191111 | Thursday,<br>August 9 <sup>th</sup> ,<br>2012 | Noon-2 | <a href="http://tinyurl.com/Concussion-Training-12">http://tinyurl.com/Concussion-Training-12</a> |