Field Hockey Rules Changes - 2017
By NFHS on April 25, 2017

1-2-4h: The Substitution Area marked as follows on the same side of the field as the official’s table, 10-yard wide area, 5 yards on either side of the center line, for all players including goalkeepers.

4-2-2b: The game clock shall be stopped by the official’s signal for a goalkeeper substitution.

4-4-7: Time is not stopped during substitution except for a goalkeeper.

8-1-1v, w (NEW): Foul include rough and dangerous play and unnecessary delay of the game.

8-1-1 PENALTIES 2: For deliberate fouls by the defense inside the 25-yard line, but outside the circle, the official shall award a penalty corner.

8-2-1a, e, h: Misconduct includes any player or team action that an official deems to be unsportsmanlike including 1) disputing, appealing, protesting and/or reacting in a provocative or disapproving manner or an inappropriate way toward any decision made by an official; 2) entering the field of play for any reason without permission from the official; and 3) not respecting the 5-yard area off the sideline of the field outside of the designated team bench area and remaining behind a clearly marked restraining area.

8-2 PENALTIES 2, 3, 4: Removed the awarding of a penalty stroke when a red card is issued to a player(s)

Official Signals: 25-Yard Free Hit signal has changed to using the right or left arm as appropriate, with the arm well below the shoulder level, draw an imaginary line from the point where the ball crossed the backline to the point on the 25-yard line.