NEW 30M EXCHANGE ZONE LAYOUT

4X100M- START OF NEW 30M EXCHANGE ZONE. SAME LOCATION AS OLD ACCELERATION TRIANGLE

4X100M- END OF EXCHANGE ZONES, REMAIN UNCHANGED.

4x100M-SCRATCH LINE LOCATION REMAINS THE SAME AS OLD 20M ZONE, TYP.

4X200M- END OF EXCHANGE ZONE REMAINS UNCHANGED

4X100M-SCRATCH LINE LOCATION REMAINS THE SAME AS OLD 20M ZONE, TYP.

4X100M-SCRATCH LINE LOCATION PER NEW RULE

4X200M- START OF NEW 30M EXCHANGE ZONE. SAME LOCATION AS OLD ACCELERATION TRIANGLE

4X100M- END OF EXCHANGE ZONES, REMAIN UNCHANGED

4x200M- START OF NEW 30M EXCHANGE ZONE. SAME LOCATION AS OLD ACCELERATION TRIANGLE

400M EXCHANGE ZONES REMAINS UNCHANGED, TYP.