### 2020-2021 NFHS Volleyball Rules Changes

<table>
<thead>
<tr>
<th>Rule</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>4-1-4 (NEW):</td>
<td>Allows the use of a molded protective face mask of hard material during play. &lt;br&gt;<strong>Rationale:</strong> Creates consistency with other NFHS rules codes.</td>
</tr>
<tr>
<td>7-1-1: 7-1-1 Penalties; 7-1-1 Penalties 2 (NEW); 9-9-1a (NEW); 10-3-7b:</td>
<td>Eliminates the loss of rally/point penalty for failure to submit the team roster during the pre-match conference and replaces the penalty with an unnecessary delay (administrative yellow card) &lt;br&gt;<strong>Rationale:</strong> Eliminates the double penalty for a late roster and an incorrect roster before the start of the match.</td>
</tr>
<tr>
<td>7-1-4a(1); 7-1-4a (2) NEW:</td>
<td>Allows a team to correct a submitted lineup if it lists a libero number that no team member is wearing. &lt;br&gt;<strong>Rationale:</strong> Creates consistency in allowing the correction of a clerical error (listing a number that no team member is wearing) on the lineup for a starting position and the libero position.</td>
</tr>
<tr>
<td>12-2-6:</td>
<td>Establishes that a yellow card issued for unsporting conduct to the head coach, assistant coach(es) or team bench will no longer require the head coach to remain seated, while maintaining that a red unsporting conduct card will require the head coach to remain seated for the remainder of the match. &lt;br&gt;<strong>Rationale:</strong> Creates a penalty progression by allowing an official to warn a head coach with a yellow unsporting conduct card without requiring the coach to remain seated for the remainder of the match.</td>
</tr>
<tr>
<td>Official Signal #15:</td>
<td>Establishes that an official will rotate their forearms around each other with closed hands to signal substitution &lt;br&gt;<strong>Rationale:</strong> Aligns with current trends of the sport.</td>
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### 2020-2021 COMMENTS ON RULES CHANGES

<table>
<thead>
<tr>
<th>Rule Reference</th>
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<tbody>
<tr>
<td>4-4-1(NEW)</td>
<td>Adds rules language to support players protecting facial injuries by allowing the wearing of protective face masks. The face mask shall be made of a hard material and molded to the face. This change creates consistency with other NFHS rule codes.</td>
</tr>
<tr>
<td>7-1-1; 7-1-1 Penalties; 7-1-1 Penalties 2 (NEW); 9-9-1a (NEW); 10-3-7b:</td>
<td>The 2019-20 rules change requiring coaches to submit rosters during the pre-match conference created an unintended consequence that potentially double penalized teams if they were both late with the submission of their roster and had to make a change with under 10 minutes remaining on the pregame clock. The elimination of the loss of rally/point penalty and the addition of the unnecessary delay penalty for failure to submit the team roster during the pre-match conference creates an appropriate penalty progression for roster violations.</td>
</tr>
<tr>
<td>7-1-4a(1); 7-1-4a (2) NEW:</td>
<td>Establishes a way to correct a clerical error made on the lineup when the libero number is misprinted. This change creates consistency by allowing the correction of a clerical error (listing a number that no team member is wearing) on the lineup for a starting position and the libero position.</td>
</tr>
<tr>
<td>12-2-6:</td>
<td>In response to overwhelming support from both coaches and officials to eliminate the requirement for a coach to stay seated for the remainder of the match if a yellow card is issued for unsporting conduct to the head coach, assistant coach(es) or team bench, the requirement has been eliminated. When a red unsporting conduct card is issued to the head coach, assistant coaches or team bench, the head coach will be required to remain seated for the remainder of the match. This change creates a penalty progression by allowing an official to warn a head coach with a yellow unsporting conduct card without requiring the coach to remain seated for the remainder of the match.</td>
</tr>
<tr>
<td>Official Signal #15:</td>
<td>In order to align official mechanics with the current trends of the sport, a change is made to the Substitution signal. This change establishes that an official will rotate his/her forearms around each other with closed hands to signal substitution.</td>
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### 2020-2021 NFHS VOLLEYBALL MAJOR EDITORIAL CHANGES

<table>
<thead>
<tr>
<th>Rule Reference</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>4-2-1e:</td>
<td>Removes the language referencing the size restrictions of mascots and/or school names placed on the uniform sleeve as a part of the 2019-2020 uniform rules changes.</td>
</tr>
<tr>
<td>10-3-6b, 10-3-6c, 10-3-6 NOTE (NEW)</td>
<td>Clarifies the order of priority for an exceptional substitution for an injured/ill player aligning the language with Rule 10-4-3b.</td>
</tr>
</tbody>
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### 2020-2021 NFHS VOLLEYBALL EDITORIAL CHANGES

5-4-3c (22); 5-4-4b,c; 5-5-3b (20); 9-7 PENALTIES 3; Rule 9 Unnecessary Delay Chart (NEW)
**Bench Behavior/Sportsmanship**

Volleyball is a dynamic sport that displays both athleticism and tenacity through both individual and team play. It is important that all team members feel engaged in a contest whether they are on the court or on the bench. Student-athletes should have an opportunity to celebrate when exciting athletic plays occur in a match. Rule 12-2-7a allows bench personnel to, “Spontaneously react to an outstanding play by members of their own team. “ It has become apparent that these spontaneous reactions have become at times, more than a short-lived spontaneous reaction. Bench personnel are coming to the sideline or even onto the court to celebrate. These excessive and disruptive reactions may result in an unsporting conduct penalty as described in Rule 12-2 PENALTIES. The goal of the Point of Emphasis is NOT to prevent engagement and celebration, but to remind coaches to educate their team of appropriate ways to celebrate.

**Management of Non-Team Personnel**

Volleyball has grown significantly in both participation and popularity earning the respect of the school community as well as local communities as a major interscholastic sport. This increase in popularity has created increased desire for non-team personnel to be involved in match day affairs, which has created both excitement and confusion. It is necessary to remind coaches of their responsibility to educate school administration and their school community as to the sportsmanship nuances of the game of volleyball. This should include, but is not limited to:

- Appropriate time cheerleaders may or may not cheer and proper location to cheer;
- Appropriate comments, timing of announcement and good sportsmanship by PA announcers;
- Appropriate time for music and sound effects (1-8);
- Appropriate location and behavior of fans and mascots, etc.

Officials have the responsibility to enforce rules that apply. Inappropriate behavior of non-team personnel is the sole responsibility of home management. (12-3)

**Official’s Communication**

The official’s pre-match conference is a vital tool for all officials, regardless of experience, and should be used to set the ground rules in a proactive approach to officiating. The first referee (R1) should be deliberate in the topics that are discussed in the pre-match conference. The second referee (R2) should be prepared to ask questions and to understand the expectations of the R1.

One topic of discussion should be the administration of penalties (unnecessary delay and unsporting conduct). Clarifying the responsibilities and mechanics will create a seamless penalty administration.

**Second Referee Initiating Penalty Administration**

- When the R2 administers an unnecessary delay, the R2 shall step to the side at fault, whistle and signal unnecessary delay (signal 20). The R1 mimics the unnecessary delay signal with the appropriate card, without the whistle.
- When the R2 requests a card due to a behavior issue (unsporting conduct), the R2 uses the appropriate card at chest level. The R1 can accept the request with a whistle and display the requested card.
First Referee Initiating Penalty Administration

- When the R1 administers an unnecessary delay or a card for unsporting conduct, without the R2’s request, the R1 will whistle and show the appropriate card using the appropriate signal.
- Following the assessment of a card, the R2 will communicate with the scorer and then the offending team’s coach, while the R1 communicates with the offending team’s captain. The review of informal signals should also take place during the pre-match conference. It is essential for officiating crews to be on the same page when it comes to both the delivery and the receipt of informal signals.

Review of Informal Signals

- The R1 will discuss his/her need for potential back-row situations from the R2.
- Only the R1 signals “below” when the potential back-row player contacts a ball that is not completely above the height of the net. Only the R1 signals “behind” when the potential back-row player attacks the ball over the net, if the player attacks the ball legally from behind the attack line. The R2 does not use either of these signals.
- The R2 whistles an antenna fault when the ball contacts the antenna on his/her side of the net. The R2 will provide an additional signal indicating that the ball was off of the attacker or blocker.
- When the ball contacts the net tape and goes immediately out of bounds, the R2 will assist the R1 by indicating which team contacted the ball last, without a whistle (Out, off you).

Uniform Bottom Compliance

For the 2020-21 season, the NFHS Volleyball Rules Committee is emphasizing the importance of adhering to the uniform rules as they apply to uniform bottoms—specifically, manufacturer logos. Rule 4-2-1f states, “A single partial/whole manufacturer’s logo/trademark/reference, no more than 2 ¼ square inches with no dimension more than 2 ¼ inches, is permitted on each piece of uniform provided placement does not interfere with the visibility of the player’s number.” Manufacturers are producing spandex marketed for volleyball with multiple large logos along the waistband. These bottoms, worn with uniform tops tucked or untucked, violate Rule 4-2-1f.

The committee understands that many times players and parents are responsible for purchasing uniforms bottoms. It is the responsibility of the head coach to ensure his/her players are properly equipped, which includes items purchased by the individual athlete. Additional rules relating to uniform bottoms can be found in Rule 4-2-1i.

Emergency Action Plans for Officials Chapters

Officials’ chapter officers should be aware of emergency exits, AED devices, and other emergency items in the event a chapter member needs medical assistance or emergency action needs to be taken during a chapter or mandatory rules meeting.
**2020-2021 PIAA MODIFICATIONS**

- Adopt the 2020-2021 NFHS Volleyball Rules Book.
- Adopt Rule 1-2 NOTE 2, modification of match format is permitted for series other than dual varsity matches
- Adopt Rule 5-9-4, line judges may use flags (red).

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**2020 FALL INTERPRETATION MEETING**

The 2020 mandatory fall sport rules interpretation meetings will be available to view on the PIAA website from August 1st– August 28th at no charge. Officials can access the meeting by logging into their PIAA account and clicking “Make Up Rules Interpretation Meeting” Coaches will find the meeting by logging into their school account. After August 28th, the meeting will be available until September 15th at a cost of $50 for officials and $75 for coaches.

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**2020 - 2021 PIAA VOLLEYBALL DISTRICT INTERPRETERS**

<table>
<thead>
<tr>
<th>DISTRICT</th>
<th>NAME</th>
<th>EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>District 1</td>
<td>Neal Kenzakowski</td>
<td><a href="mailto:n.kenzakowski@yahoo.com">n.kenzakowski@yahoo.com</a></td>
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<td>Donald C. Plyler</td>
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<tr>
<td>District 3</td>
<td>Donna Brady</td>
<td><a href="mailto:pavref@verizon.net">pavref@verizon.net</a></td>
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<tr>
<td>District 4</td>
<td>Peter P. Lupkowski</td>
<td><a href="mailto:peterlupkowski@gmail.com">peterlupkowski@gmail.com</a></td>
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<tr>
<td>District 5</td>
<td>Charlene Klink</td>
<td><a href="mailto:davchar@gmail.com">davchar@gmail.com</a></td>
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<tr>
<td>District 6</td>
<td>Judith E. Heinze</td>
<td><a href="mailto:judyandlou@verizon.net">judyandlou@verizon.net</a></td>
</tr>
<tr>
<td>District 7 &amp; 8</td>
<td>Joseph M. Hardiman, III</td>
<td><a href="mailto:vbjoe2003@yahoo.com">vbjoe2003@yahoo.com</a></td>
</tr>
<tr>
<td>District 9</td>
<td>Scott Daum</td>
<td><a href="mailto:scottdaum208@gmail.com">scottdaum208@gmail.com</a></td>
</tr>
<tr>
<td>District 10</td>
<td>George L. Schroeder</td>
<td><a href="mailto:gschroeder1944@gmail.com">gschroeder1944@gmail.com</a></td>
</tr>
<tr>
<td>District 11</td>
<td>James Millets</td>
<td><a href="mailto:bbvbref92@hotmail.com">bbvbref92@hotmail.com</a></td>
</tr>
<tr>
<td>District 12</td>
<td>Judy C. Evans</td>
<td><a href="mailto:evansgrg@verizon.net">evansgrg@verizon.net</a></td>
</tr>
</tbody>
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**PIAA CONFLICT OF INTEREST POLICY FOR ALL SPORTS**

PIAA has a written policy regarding conflict of interest. This policy is in all of our post regular season officiating contracts and is contained in the PIAA Athletic Officials’ Manual for all officials to view.

An official will remove themselves from a contest if they find that they have any personal association with any of the competitors or coaches on any team, with the competitors’ school, or with the competitors' community, such as being a relative of a competitor, or being an employee or a relative of a competitor in the competitors school district, or a resident of the competitors' community.

**COMMENT:** Officials accepting assignments for contest at their local school where they live, or have a relative competing, place themselves in a compromising position in the performance of their duties as a registered official. Every decision and judgment is open to criticism and places the official in a compromising position where it brings into question the integrity and actions of the official. This is an indefensible position for the official and assignments of this nature are not to be taken or accepted by PIAA registered sports’ officials. Extreme cases of emergency and situations that may be completely unavoidable are the only exceptions to this policy.
# PIAA 2020 GIRLS’ VOLLEYBALL SCHEDULE

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Practice Date</td>
<td>Monday, August 17</td>
</tr>
<tr>
<td>First Inter-School/Scrimmage Date</td>
<td>Saturday, August 22</td>
</tr>
<tr>
<td>First Regular Season Play Date</td>
<td>Friday, September 4</td>
</tr>
<tr>
<td>Last Regular Season Contest Date &amp; District Deadline</td>
<td>Saturday, November 9</td>
</tr>
</tbody>
</table>

**PIAA Volleyball Championships:**
- First Round: Tuesday, November 10
- Quarterfinals: Saturday, November 14
- Semi-Finals: Tuesday, November 17

**PIAA Girls’ Volleyball Championship Finals**
- Cumberland Valley High School, Mechanicsburg, PA: Saturday, November 21

**Championship Schedule:**
- A: 10:30 am
- AA: 1:00 pm
- AAA: 3:30 pm
- AAAA: 6:00 pm

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# PIAA 2021 BOYS’ VOLLEYBALL SCHEDULE

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Practice Date</td>
<td>Monday, March 8</td>
</tr>
<tr>
<td>First Inter-School/Scrimmage Date</td>
<td>Saturday, March 13</td>
</tr>
<tr>
<td>First Regular Season Play Date</td>
<td>Friday, March 26</td>
</tr>
<tr>
<td>Last Regular Season Contest Date &amp; District Deadline</td>
<td>Saturday, May 28</td>
</tr>
</tbody>
</table>

**PIAA Volleyball Championships:**
- First Round: Tuesday, June 1
- Quarterfinals: Saturday, June 4
- Semi-Finals: Tuesday, June 7

**PIAA Boys’ Volleyball Championship Finals**
- Penn State University, Recreation Building, State College: Saturday, June 12

**Championship Schedule:**
- AA: 11:00 am
- AAA: 1:30 pm
When stopping play, officials should:

- Sound the whistle with authority;
- Signal result of the play, point loss of rally, replay or re-serve;
- Signal the violation, and hold the hand and arm signal long enough to be seen;
- Verbalize the decision when necessary, except #14 (Begin Service). Signals are given with arm or hand on the side of the team involved. These signals shall be used by the first referee and second referee.

### OFFICIALS SIGNALS

1. **ILLEGAL ALIGNMENT/IMPROPER SERVER/INACCURATE LINEUP**: Circular motion with arm and hand outstretched on the side of the violating team, palm down; then indicate the player(s) involved.
2. **LINE VIOLATION** - Indicate the line where the violation occurred by extending arm and pointing toward the line with the index finger.
3. **ILLEGAL HIT** - Slowly lift hand and forearm, palm up from the height of the waist to the height of the chest, on the side where violation occurred.
4. **DELAY OF SERVICE** – Raise the hand on the server's side to a vertical position to head height with the fingers spread, palm forward.
5. **OVER-THE-NET FAULT** - Pass forearm, palm down, over the net.
6. **NET FAULT/NET SERVE** - Hand of outstretched arm on the side of the net on which the fault occurred.
   - Note: The referees are not required to touch the net for this signal or signal net serve.
7. **ILLEGAL ATTACK** - Raise hand beside head and rotate forearm forward and downward on the offending team's side.
8. **ILLEGAL BLOCK/SCREENING** - Raise both hands to head height, palms forward.
9. **BALL TOUCHED** - The hand on the side of the offending team is held beside the head with the palm facing the head, then brush upward across the fingertips one time with the other hand, palm forward.
10. **FOUR HITS** - Hand and arm nearest the violating team raised, showing four fingers.
11. **DOUBLE HIT** - Hand and arm nearest violating team raised, head high, palm forward, showing two fingers.
12. **BALL LANDS INBOUNDS** - Extend one arm with an open hand palm forward toward the floor area between the attack line and the net on the offending team’s side.
13. **OUT-OF-BOUNDS/ANTENNA VIOLATION** - Raise both hands head high, fingers together, palms toward face, elbows bent.
14. **BEGIN SERVE** - Extend arm towards server at shoulder height with hand perpendicular to the floor, then whistle to serve and move the extended hand and arm in a sweeping motion to the opposite shoulder.
15. **SUBSTITUTION** -- Two short whistles, rotate forearms around each other with closed hands at shoulder height two times.
16. **AUTHORIZATION TO ENTER** - Extend the arm (palm forward) on the substitution side and make a forward motion waist high toward the respective court.
17. **POINT** - Indicate point by extending the arm in the direction of the team that will serve next, palm perpendicular to the floor.
18. **REPLAY/RE-SERVE** - With fisted hands, thumbs up and held at shoulder height front of the body.
19. **TIME-OUT** - Double whistle, place the palm of a hand horizontally over the vertical hand on the side requesting the time-out, forming a “T”.
   - A. Team Time-Out – indicate court of team being charged;
   - B. Official Time-Out-tap top of shoulders with hands.
20. **UNNECESSARY DELAY** - Raise the hand on the side of the offending team beside head, palm facing in, hold the appropriate card on the wrist of the raised hand.
21. **End of Set**: Arms crossed in front of chest, hands open followed by a sweeping motion.
22. **Teams Change Courts**: Raise forearms and swing right arm in front of the body and the left arm in back of the body with hands open.
1. The PIAA Official's Emblem must be worn on the upper left sleeve of the official's standard shirt when officiating in all PIAA sponsored games.
2. All PIAA-registered officials must wear identical uniforms during a contest.
3. Required uniform for volleyball officials:
   - **Shirt**: Alternating black and white 1-inch vertically striped, short sleeved shirt with a black collar or v-neck collar or all white collared short sleeved shirt, provided all officials are dressed alike.
   - **Slacks**: Black.
   - **Belt**: Black, if worn.
   - **Socks**: Solid black.
   - **Shoes**: Black or black with white accents with black laces. White soles around the shoe are not considered an accent mark.
   - **Lanyard or Smitty**: Black.
   - **Watch**: Black.
   - **Whistle**: Black.

The wearing of jewelry (except wedding bands and medical-alert bracelets) and wrist watches (except as a required timing device) is prohibited. Smoking and/or tobacco chewing is prohibited. Obviously, use of alcoholic beverages prior to game assignments is prohibited. PIAA sports' officials may display an American flag (maximum size 2 by 3 inches) on the right sleeve of their uniform shirt approximately three inches down from the shoulder seam. This will be the same position the PIAA official patch is displayed on the left sleeve.

**REQUIRED UNIFORMS FOR PIAA OFFICIALS**

1. **Official's Emblem**
   a. By formal action of the Officials' Council, May 3, 1952, an identifying PIAA official's emblem was adopted. The standard emblem is in the form of a Pennsylvania keystone; colors, blue and gold; with lettering: PIAA Official.
   b. By action of both the Board of Directors and the Officials Council, the emblem is an integral part of the officially prescribed PIAA standard uniform. As such, it must be worn on the left sleeve (3 inches down from shoulder seam) of the official's standard shirt when officiating in all PIAA sponsored games. An official's shirt may also have a U.S. flag attached to the right sleeve (3 inches down from shoulder seam). Any other patch, emblem or identifying item may be worn on an officials' jacket, but not on the officials' shirt.
   c. Each official when registered receives a PIAA emblem free of charge. Additional emblems may be purchased from the PIAA Office or the PIAA officials’ equipment vendor for $2.00 each.

2. **Required Uniform Policy**
   a. Except where specifically modified by the Board of Directors, the acceptable official's uniform for any PIAA contest will be determined by the National Federation of State High School Association (NFHS).
   b. All PIAA-Registered Sports Officials must wear identical uniforms during a contest.
   c. The wearing of jewelry (except wedding bands and medical-alert bracelets) and wrist watches (except as a required timing device) is prohibited. Smoking and/or tobacco chewing is prohibited. Obviously, use of alcoholic beverages prior to game assignments is prohibited.
   d. White soles around the shoe are not considered an accent mark and shoes with white soles cannot be worn as an approved uniform item.
PIAA Approved Officials Footwear

**LEGAL**

Shoes - Solid Black or Black with white accents with black laces. White soles around the shoe are not considered an accent mark.

**ILLEGAL**
PIAA SPORTSMANSHIP MESSAGE

**This message shall be read to the head coach and captains prior to each contest officiated by a registered PIAA official. This message shall be enforced by contest officials and its enforcement shall include a strict and swift enforcement when unsportsmanlike actions involve demeaning remarks or actions that may be related to the racial or ethnic background of any party.**

**PIAA requires all registered sports' officials to enforce the sportsmanship rules for coaches and contestants. Actions meant to demean opposing contestants, teams, spectators, and officials are not in the highest ideals of interscholastic education and will not be tolerated. Let today's contest reflect mutual respect. Coaches please certify to the contest official(s) that your contestants are legally equipped and uniformed according to NFHS rules and PIAA adoptions. Good luck in today's contest.**

Chapter interpreters are requested to remind all officials to read this message at each contest they officiate. There have been some concerns addressed by the schools that some of our officials are not reading the PIAA Sportsmanship message prior to the contest. This is an improper procedure and this message MUST be read. Officials are not to paraphrase, modify, or develop their own Sportsmanship Message to the captains and head coaches. The proper procedure is head coaches and captains MUST attend the pre-game reading of the sportsmanship message. For distribution purposes, this message is printed on the back of all PIAA registered sports officials' 2019-2020 identification cards.

This message **MUST BE READ VERBATIM** by the contest officials. Coaches must certify to the contest officials their team is legally equipped and in compliance with NFHS Volleyball Rules. The reading of this message will have the coaches verbally confirm aloud their teams' adherence to compliance with equipment and safety rules. This confirmation is not only the adherence to contest rules, but also assists in alleviating the legal liability concerns for the officials if the teams subsequently violate the proper equipment provisions of the contest rules.

If you are in need of updating your officiating supplies, please be reminded that Officially Sports is the official vendor of PIAA Sport Officials’ Uniforms. Please give them your consideration for any purchases regarding officials’ supplies. If interested, you may provide them with your email address to send you their catalog, seasonal specials and discounted items that may be of interest and service to your avocation of sports’ officiating. Officially Sports may be contacted via email at sales@officiallysports.com, by calling 800-934-4555 or at www.officiallysports.com.
INFECTIONOUS SKIN DISEASES & OTHER COMMUNICABLE DISEASES

Proper precautions are needed to minimize the potential risk of the spread of communicable disease and skin infections during athletic competition. These conditions include skin infections that occur due to skin contact with competitors and equipment. The transmission of infections such as Methicillin-Resistant Staphylococcus aureus (MRSA) and Herpes Gladiatorum, blood-borne pathogens such as HIV and Hepatitis B, and other infectious diseases such as Influenza can often be greatly reduced through proper hygiene. The NFHS SMAC has outlined and listed below some general guidelines for the prevention of the spread of these diseases.

Strategies for reducing the potential exposure to these infectious agents include:

- Athletes must be told to notify a parent or guardian, athletic trainer and coach of any skin lesion prior to any competition or practice. An appropriate health-care professional should evaluate any skin lesion before returning to competition.
- If an outbreak occurs on a team, especially in a contact sport, all team members should be evaluated to help prevent the potential spread of infection.
- Coaches, officials and appropriate heath-care professionals must follow NFHS or state/local guidelines on “time until return to competition.” Participation with a covered lesion may be considered if in accordance with NFHS, state or lock guidelines and the lesion is no longer contagious.

Means of reducing the potential exposure to these agents include:

- Appropriate vaccination of athletes, coaches and staff as recommended by the Centers for Disease Control (CDC).
- During time of outbreaks, follow the guidelines set forth by the CDC as well as State and local Health Departments.

For more detailed information, refer to the Infectious Disease and Blood-borne Pathogens” and “Skin Disorders” sections contained in the NFHS Sports Medicine Handbook.

BLOOD-BORNE INFECTIONOUS DISEASE

Strategies for reducing the potential exposure to these agents include following Universal Precautions such as:

- An athlete who is bleeding, has an open wound, has any amount of blood on his/her uniform, or has blood on his/her person, shall be directed to leave the activity (game or practice) until the bleeding is stopped, the wound is covered, the uniform and/or body is appropriately cleaned, and/or the uniform is changed before returning to activity.
- Athletic trainers or other caregivers need to wear gloves and take other precautions to prevent blood or body fluid-splash from contaminating themselves or others.
- In the event of a blood or body fluid-splash, immediately wash contaminated skin or mucous membranes with soap and water.
- Clean all contaminated surfaces and equipment with disinfectant before returning to competition. Be sure to use gloves when cleaning.
- Any blood exposure or bites to the skin that break the surface must be reported and immediately evaluated by an appropriate health-care professional.

UNIVERSAL HYGIENE PROTOCOL FOR ALL SPORTS

- Shower immediately after every competition and practice.
- Wash all workout clothing after each practice.
- Wash personal gear (knee pads and braces) weekly.
- Do not share towels or personal hygiene products (razors) with others.
- Refrain from full body (chest, arms, abdomen) cosmetic shaving.
Section 8. Disqualification From Next Contest(s).

General Rule. Preamble
Sportsmanship is a core principle in interscholastic athletics. Actions which are unethical and/or intended to demean, embarrass, intimidate or injure opposing contestants, Teams, spectators and/or officials are considered unsportsmanlike and will not be tolerated since they are contrary to the purposes of PIAA and convey lessons incompatible with the reason why high school sports exist.

1. Mandatory Disqualification. One Game Suspension Any Coach and/or contestant who, while Coaching or competing for a PIAA member school, is ejected from a Contest by a state high school association recognized and/or registered official in that sport for unsportsmanlike conduct or flagrant misconduct is disqualified from Coaching and/or participating for the remainder of the day and in all Contests on the next Contest day of the same level (varsity, junior varsity, or otherwise) of competition from which the Coach and/or contestant was previously disqualified. For a Coach, participation in the next Contest includes any contact by the Coach with members of the Team, including other Coaches, between the time that the Team arrives at the Contest site and the conclusion of the last Contest of the day. The Principal must direct the Coach not to attend all of the Contest(s).

2. Supplemental Disqualification. Two Game Suspension Any Coach and/or contestant who, is ejected from a Contest by a state high school association recognized and/or registered official and a component of the ejection is confronting, contacting or addressing a Coach, contestant or official using foul or vulgar language, ethnic or racially insensitive comments or physical contact will be disqualified from competition for the remainder of the day and for the next two (2) Contests including all Contests on the next two (2) Contest days of the same level (varsity, junior varsity, or otherwise) of competition from which the Coach and/or contestant was previously disqualified. For the purposes of this provision, the jurisdiction of the official(s) to apply and enforce this rule begins upon the official’s arrival at the Contest site and ends when the official (or the last of the team of officials) leaves the Contest site. The Contest site is defined as premises on which the competition surface is located and includes the entirety of the premises and parking areas.

When the Supplemental Disqualification implicates a contestant, and in addition to the two (2) Contests disqualification, the contestant may not return to competition representing the contestant’s school until the contestant completes the NFHS Sportsmanship program at NFHSLearn (online) and provides a certification of completion of this program to the student’s Principal and the Principal submits the certification to the PIAA District Sport Chairman. A Coach disqualified under this provision may not return to competition representing the Coach’s school until the Coach completes the NFHS Sportsmanship program and Teaching and Modeling Behavior program at NFHSLearn (online) and provides a certification of completion of these two programs to the Coach’s Principal and the Principal submits the certification to the PIAA District Sport Chairman.

A disqualification under B. above supersedes a disqualification under A. above. A PIAA District Committee may, at its discretion, convene a hearing to address any and all disqualifications and may provide additional penalties as warranted by the circumstances.

**Note to officials: the enforcement of the rules as written and the use of the mechanics when ejecting personnel from a contest cannot be stressed enough. PIAA cannot defend the lack of enforcement of sportsmanship rules nor the failure to use approved mechanics with regard to these ejections.**
The Supplemental Ejection is not designed for violations of “Rules of the Game”
The one game sit out penalty still remains for those actions that do not fit the Supplemental Ejection policy
PIAA Board of Directors has given officials an additional tool to use, if warranted, to curb bad behavior.
This could aid in the recruitment and retention of officials.
Officials should not concern themselves with the penalty. School administration will handle that.

- **Situation:** After the basketball game has concluded and the officials are in the locker room, varsity head coach Jones begins to bang on the door and use profanity toward the officials.
- **Ruling:** The coach’s actions would merit a Supplemental Disqualification. The crew chief must file the Supplemental Disqualification report within 24 hours on Coach Jones who must sit out the next two varsity contests. The crew chief must also make contact with Coach Jones’ athletic director immediately or immediately after leaving the contest site to inform them that the Supplemental Disqualification was issued on Coach Jones.

- **Situation:** During a junior varsity soccer game a player from team ABC commits a handball violation in the box.
- **Ruling:** The referee properly issues a red card and escorts the player to the sideline. The referee also informs the coach of the reason for ejection. The referee must file the Disqualification Report within 24 hours and the player must sit out the next junior varsity contest. This is a standard one game sit out disqualification penalty.

- **Situation:** In the third inning of a baseball game the head coach disagrees with a safe/out call and charges onto the field while yelling profanities at the umpire.
- **Ruling:** The umpire must eject the head coach and inform them that they are being assessed a Supplemental Disqualification. The crew chief must file the Supplemental Disqualification report within 24 hours on Coach Smith who must sit out the next two junior varsity contests.

- **Situation:** During the boys varsity soccer match, Player A1 is taken down with a legal tackle by Player B1. Player A1 feels that a foul should have been called and jumps from the ground and yells at the nearest official saying, “Hey Ref, you suck.”
- **Ruling:** The official must immediately be issued a red card and eject Player A1. The official must then inform Player A1’s head coach of the ejection and the fact that it is a Supplemental Disqualification due to the foul language directed at the official. The ejecting official must file the Supplemental Disqualification report within 24 hours on the player who must sit out the next two varsity contests.

- **Situation:** After the volleyball match has concluded and the officials are walking through the school lobby to get to their cars a parent confronts the officials and uses profanity toward them.
- **Ruling:** The officials must not engage the parent in discussion and should continue to their vehicle, if possible. Upon reaching their vehicles the crew chief must immediately contact the host school’s athletic director and inform them of what occurred. The officials do not retain jurisdiction under the Supplemental Disqualification in this instance. It does not apply to fans, only coaches and contestants. School athletic administrators must take action to prevent this type of occurrence in the future.

- **Situation:** After the varsity football game has ended and the officials are gathering at the 40 yard line to proceed to the locker room, the head coach rushes on to the field and confronts the crew about calls made that evening. The coach while using foul and abusive language contacts one of the officials.
- **Ruling:** The crew chief must inform the head coach that he is being assessed a Supplemental Disqualification for his actions. The crew chief must file the Supplemental Disqualification report within 24 hours on the head coach who must sit out the next two varsity contests.

**Final Point:**

**Question:** On the new 2 game DQ is it going to be the officials’ decision if it’s a 2 game DQ or the PIAA’s after reviewing the report?

**Answer:** As with the previous 1 game DQ, it is always the decision of the official to eject but the actions of the player or coach will be the deciding factor whether the Supplemental DQ is used. The official really has no decision to make. If the actions are what is listed in the Supplemental Disqualification then the penalty is 2 games, the decision will be made for them by the actions of the offender. The official will not have the ability to choose between the two different disqualifications. The choice will be made for them.
SPORTS MEDICINE RECOMMENDATION

The PIAA Sports Medicine Committee recommends that each registered sports official have an annual physical examination and practice good health habits. Being physically fit and conveying an appropriate, positive image through proper health and nutrition habits will greatly assist all officials in keeping up with the game. After all, the game, the schools, players, coaches, spectators and fellow officials deserve no less. As importantly, officials owe good health habits to themselves and their families if for nothing more, than the health of it. If officials have any chronic health condition, officials are requested to share this information with on site medical personnel at their contest(s).

ARRIVAL AT THE SITE

Cooperation with Contest management begins with timely arrival at the Contest site. Nothing makes administrators and coaches more nervous at the onset of a contest than not knowing whether the officials are going to show up.

Start the game off right by communicating you arrival time at the site with the athletic administrator. Show up, where possible, at least thirty minutes prior to the scheduled kickoff. It will go a long way in helping your credibility as a quality official.
During the Volleyball Regular Season and Postseason, a disqualified volleyball player, coach, and/or Team personnel shall not be permitted to participate for the remainder of the day and in all Contests on the next Contest day of the same level (varsity, junior varsity, or otherwise) of competition from which the player, coach, and/or Team personnel was previously disqualified. For a coach, participation in the next Contest includes any contact by the coach with members of the Team, including other coaches, between the time that the Team arrives at the Contest site and the conclusion of the last Contest of the day. The Principal must direct the coach not to attend all of the Contest(s), in accordance with Article XIII, Section 8 of the PIAA By-Laws. In addition, NFHS Volleyball Rules 10-4-3c, 12-2 PEN 1c & 12-2-PEN 1d may also apply. The ejecting official must complete this form on-line, as soon as possible, but no later than 24 hours following the completion of the Contest in which the disqualification took place. The referee must complete this form on-line, as soon as possible, but no later than 24 hours following the completion of the Contest in which the disqualification took place. This form can be found at www.piaa.org under the Officials Section – Officials' Forms category.

<table>
<thead>
<tr>
<th>Name of Ejected Player, Coach or Bench Personnel</th>
<th>School Name</th>
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<tbody>
<tr>
<td>Date of Contest</td>
<td>Location of Contest</td>
</tr>
<tr>
<td>Visiting Team</td>
<td>PIAA District</td>
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<tr>
<td>Home Team</td>
<td>PIAA District</td>
</tr>
<tr>
<td>Name of Official Who Ejected Player, Coach or Bench Personnel</td>
<td>Level of Competition</td>
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**REASON FOR DISQUALIFICATION**

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DATE OF REPORT _______________________________________________________

OFFICIAL'S NAME (PERSON ISSUING DQ) ____________________________________

PIAA DISTRICT _________________________________________________________