2019 PIAA Track & Field
Championships Memorandum

CONDITIONS OF ENTRY
PIAA member schools are not required to enter PIAA championship events. Entry and participation in the 2019 PIAA Track and Field Championships are voluntary. Entry into the 2019 PIAA Track and Field Championships signifies that the member school accepts the fact that the PIAA Executive Director, or the Executive Director’s designee, reserves the right to make changes in the date of Contests, location of Contests, management, operation, and schedule of the 2019 PIAA Track and Field Championships if, in the judgment of the Executive Director, or the Executive Director’s designee, it becomes necessary to do so.

EVENT SCHEDULE
The 2019 PIAA Track and Field Championships are scheduled for Friday, May 24 and Saturday, May 25, 2019, in Seth Grove Stadium on the campus of Shippensburg University of Pennsylvania. A detailed schedule of events is located on the 2019 PIAA Track and Field Championships website at www.piaa.org.

MINIMUM NUMBER OF TRACK & FIELD ENTRIES TO THE CHAMPIONSHIPS
The minimum number of track and field entries from each PIAA District’s qualifying meet, per enrollment classification, to the PIAA Track and Field Championships shall be based on the number of member schools that sponsor a track and field Team which participates in at least 50% of the maximum permitted number of Regular Season Contests in that sport. The following chart lists the minimum number of entries, per enrollment classification, from each PIAA District’s qualifying meet to the PIAA Track and Field Championships:

<table>
<thead>
<tr>
<th>DIST</th>
<th>AA Girls</th>
<th>AAA Girls</th>
<th>AA Boys</th>
<th>AAA Boys</th>
<th>DIST</th>
<th>AA Girls</th>
<th>AAA Girls</th>
<th>AA Boys</th>
<th>AAA Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>1</td>
<td>5</td>
<td>1</td>
<td>5</td>
<td>VII</td>
<td>5</td>
<td>4</td>
<td>5</td>
<td>4</td>
</tr>
<tr>
<td>II</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>VIII</td>
<td>0</td>
<td>1</td>
<td>0*</td>
<td>1</td>
</tr>
<tr>
<td>III</td>
<td>2</td>
<td>5</td>
<td>2</td>
<td>5</td>
<td>IX</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>IV</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>X</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>V</td>
<td>1</td>
<td>0*</td>
<td>1</td>
<td>0*</td>
<td>XI</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>VI</td>
<td>3</td>
<td>1</td>
<td>3</td>
<td>1</td>
<td>XII</td>
<td>3</td>
<td>2</td>
<td>3</td>
<td>2</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Totals:</td>
<td>24</td>
<td>24</td>
<td>24</td>
<td>24</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Indicates District combined with another District to for a Region.

In addition, individuals or eligible relay Teams that place eighth (8th) or better in a PIAA District qualifying meet shall also qualify to the PIAA Track and Field Championships provided their PIAA District qualifying meet time, height, or distance is equal to or better than the qualifying time, height, or distance set forth below:

ORDER OF RUNNING EVENTS

<table>
<thead>
<tr>
<th></th>
<th>AA GIRLS</th>
<th>AAA GIRLS</th>
<th>AA BOYS</th>
<th>AAA BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>4X800 Meter Relay</td>
<td>9:50.40</td>
<td>9:35.48</td>
<td>8:15.55</td>
<td>8:02.04</td>
</tr>
<tr>
<td>100 Meter Hurdles (Girls: 10-33&quot;)</td>
<td>:16.01</td>
<td>:15.40</td>
<td></td>
<td></td>
</tr>
<tr>
<td>110 Meter Hurdles (Boys: 10-39&quot;)</td>
<td></td>
<td></td>
<td>:15.50</td>
<td>:15.10</td>
</tr>
<tr>
<td>100 Meter Dash</td>
<td>:12.70</td>
<td>:12.50</td>
<td>:11.30</td>
<td>:11.10</td>
</tr>
<tr>
<td>1600 Meter Run</td>
<td>5:18.30</td>
<td>5:10.00</td>
<td>4:31.13</td>
<td>4:24.22</td>
</tr>
<tr>
<td>4x100 (400) meter Relay</td>
<td>:50.80</td>
<td>:49.75</td>
<td>:44.30</td>
<td>:43.25</td>
</tr>
<tr>
<td>400 Meter Dash</td>
<td>:59.85</td>
<td>:58.80</td>
<td>:50.70</td>
<td>:50.09</td>
</tr>
<tr>
<td>300 Meter Hurdles (Girls: 8-30&quot; / Boys: 8-36&quot;)</td>
<td>:47.64</td>
<td>:46.25</td>
<td>:40.80</td>
<td>:39.80</td>
</tr>
<tr>
<td>800 Meter Run</td>
<td>2:20.60</td>
<td>2:18.47</td>
<td>1:59.70</td>
<td>1:57.00</td>
</tr>
<tr>
<td>3200 Meter Run</td>
<td>11:35.00</td>
<td>11:10.00</td>
<td>9:48.01</td>
<td>9:31.71</td>
</tr>
<tr>
<td>4x400 (1600) meter Relay</td>
<td>4:08.75</td>
<td>4:01.50</td>
<td>3:29.60</td>
<td>3:24.03</td>
</tr>
</tbody>
</table>
FIELD EVENTS

<table>
<thead>
<tr>
<th>Event</th>
<th>5-2</th>
<th>5-3</th>
<th>6-3</th>
<th>6-5</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Jump</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pole Vault</td>
<td>10-6</td>
<td>11-6</td>
<td>13-6</td>
<td>14-3</td>
</tr>
<tr>
<td>Long Jump</td>
<td>16-11</td>
<td>17-9</td>
<td>21-6</td>
<td>22-3</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>35-6</td>
<td>36-6</td>
<td>44-0</td>
<td>45-0</td>
</tr>
<tr>
<td>Shot Put</td>
<td>36-6</td>
<td>37-6</td>
<td>49-6</td>
<td>52-0</td>
</tr>
<tr>
<td>Discus Throw</td>
<td>113-0</td>
<td>118-0</td>
<td>148-0</td>
<td>153-0</td>
</tr>
<tr>
<td>Javelin Throw</td>
<td>121-0</td>
<td>122-0</td>
<td>176-0</td>
<td>178-0</td>
</tr>
</tbody>
</table>

*In addition to the above standards, for a Pole Vault participant to advance to the PIAA Track and Field Championships, they shall clear a height equal to or greater than the following minimum standards, in a PIAA District qualifying meet:

| Pole Vault* | 9-0 | 9-6 | 11-6 | 12-3 |

SCRATCHES

The PIAA Track and Field Championships is a NO SCRATCH MEET! A contestant may not scratch from a PIAA Track and Field Championships event for which they have qualified, after the District has submitted its entries (qualifiers) to the PIAA Office, except when an illness or injury, certified to by a licensed physician of medicine or osteopathic medicine and/or the PIAA Track and Field Championships meet referee, forces a participant to withdraw. This applies to both contestants in individual events and individual members of relay teams. If a relay team member is scratched for a reason other than injury or illness as defined above, and the relay no longer has four eligible contestants to compete, each remaining member of the relay team shall be scratched from the event, as determined by the Meet Director. The next place finisher in that event, in that District qualifying meet, shall be moved up into the qualifying position previously held by the scratched contestant to provide for the minimum number of entries from that District qualifying meet to the PIAA Track and Field Championships.

The head track and field coach of a member school that desires to scratch a contestant, who has qualified for a 2019 PIAA Track and Field Championships event, must complete a PIAA TRACK AND FIELD CHAMPIONSHIPS SCRATCH form prior to the District submitting its entries (qualifiers) to the PIAA Office. PIAA TRACK AND FIELD CHAMPIONSHIPS SCRATCH forms are available at the respective District qualifying meets.

Scratches occurring at the PIAA Track and Field Championships will be received at registration for the PIAA Track and Field Championships or in the equipment room located under the West Stands of Seth Grove Stadium. A PIAA TRACK AND FIELD CHAMPIONSHIPS SCRATCH FORM MUST BE COMPLETED BY THE HEAD TRACK AND FIELD COACH OF THE INVOLVED SCHOOL and the contestant’s number of the scratched contestant must be surrendered at the time the scratch is reported, resulting in disqualification from further participation in the PIAA Track and Field Championships.

LODGING AND MEALS

Lodging and meals are available on the Shippensburg University campus at a package cost of $135.00 per person. This fee includes Thursday dinner, Thursday night lodging, Friday breakfast, Friday lunch, Friday dinner, Friday night lodging, Saturday breakfast, and Saturday lunch (two [2] nights lodging and six [6] meals). Schools are not required to purchase the lodging and meals package; however, if reservations are desired, they are subject to the following limitations: one (1) male qualifier from a school requesting housing, no more than one (1) coach from that school will be housed; one (1) female qualifier from a school requesting housing, no more than one (1) coach from that school will be housed; two (2) or more male qualifiers from a school requesting housing, no more than two (2) coaches from that school will be housed; two (2) or more female qualifiers from a school requesting housing, no more than two (2) coaches from that school will be housed; and no more than six (6) members of a qualifying relay team, will be housed. Shippensburg University can accommodate and will house up to 2,100 qualifiers and coaches in the campus residence halls; however, additional (extra) coaches from a school cannot be accommodated and, therefore, will not be housed by Shippensburg University! Housing assignments will be separated by gender by residence hall as space permits. Effort will be made by Shippensburg University to house same gender coaches and their qualifiers in the same residence hall. Since available housing facilities are limited, availability is NOT guaranteed. Shippensburg University will provide sheets, pillows, and pillowcases. Coaches and contestants must bring their own blankets and towels. Depending on the weather, portable fans may also be desired.

Each school requesting on-campus housing is responsible for making their own online housing reservations at https://piaa.ship.edu or a link at ship.edu/camps (PIAA Housing on left side). Registration instructions are set forth on pages 31 and 32 of this Handbook. Payment for ALL lodging and meals package requests are to be made at registration for the PIAA Track and Field Championships. All checks must be made payable to SHIPPENSBURG UNIVERSITY FOUNDATION. Alternate financing plans have been arranged for member schools under the jurisdiction of the PIAA District VIII Committee (Pittsburgh Public Schools) and the PIAA District XII Committee (School District of Philadelphia).
ON CAMPUS SUPERVISION
Coaches will be responsible for supervising their contestants at ALL TIMES both on and off the Shippensburg University of Pennsylvania campus. Misconduct by coaches and/or contestants will NOT be tolerated. Offenders will be subject to expulsion from the Shippensburg University of Pennsylvania campus and from the PIAA Track and Field Championships. The main desks in the residence halls are staffed during this event; however, no on-floor supervision will be provided by Shippensburg University of Pennsylvania and, therefore, will be the responsibility of the respective team’s coach(es).

CURFEW AND QUIET HOURS
A curfew will be in effect from 11:00 p.m. on Thursday AND Friday nights until 6:00 a.m. the following mornings. Coaches and contestants MUST be in their respective residence halls between 11:00 p.m. and 6:00 a.m. each night and MUST be in their respective residence hall rooms observing the same period of time as QUIET HOURS. ADMISSION TO S.U. RESIDENCE HALLS AFTER 11:00 P.M. WILL BE FOR REGISTERED GUESTS OF THE RESPECTIVE RESIDENCE HALLS ONLY. RESIDENCE HALL STAFF WILL REQUIRE PRESENTATION OF A RESIDENCE HALL ROOM KEY AND PERSONAL PHOTO IDENTIFICATION AS VERIFICATION. THE EXTERNAL DOORS TO ALL RESIDENCE HALLS WILL BE LOCKED FROM 11:00 P.M. UNTIL 6:00 A.M. INDIVIDUALS NOT ASSIGNED TO ANY GIVEN RESIDENCE HALL, INCLUDING COACHES, MAY NOT ENTER THE RESIDENTIAL PORTION OF THE HALL, AND SHALL BE LIMITED TO VISITATION IN THE COMMON AREAS OF THE HALL ONLY UNTIL 10:00 PM.

DAMAGE, VANDALISM, AND LOST ITEMS
Damage and vandalism WILL NOT BE TOLERATED! All damage to residence hall rooms and to room contents including extra cleaning charges for rooms left in dirty condition and charges for lost sheets, pillows, pillow cases, and room keys will be billed by Shippensburg University directly to the school that the room occupants represented while at the PIAA Track and Field Championships. Room phones are NON-OPERATIONAL! Room trading and furniture moving is NOT PERMITTED! Returning moved items will be a minimum charge of $25.00 to the school.

FOOD SERVICE
Food service will be available in Reisner Dining Hall at the following times:

<table>
<thead>
<tr>
<th>Day</th>
<th>Meal</th>
<th>Time</th>
<th>MEAL TICKETS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>Dinner</td>
<td>4:30 p.m. - 7:30 p.m.</td>
<td>Meal tickets will be made available to coaches and contestants being lodged off-campus. A meal package includes Thursday dinner, Friday breakfast, Friday lunch, Friday dinner, Saturday breakfast, and Saturday lunch (six [6] meals). Meal package tickets may be purchased at a cost of $56.00 at registration in the Multi-Purpose Room of the Ceddia Union Building (CUB). Individual meals may be purchased at the door in Reisner Dining Hall at the following individual meal prices: breakfast - $8.00; lunch - $9.00; and dinner - $11.00.</td>
</tr>
<tr>
<td>Friday</td>
<td>Breakfast</td>
<td>6:30 a.m. - 9:30 a.m.</td>
<td></td>
</tr>
<tr>
<td>Friday</td>
<td>Lunch</td>
<td>10:30 a.m. - 2:00 p.m.</td>
<td></td>
</tr>
<tr>
<td>Friday</td>
<td>Dinner</td>
<td>5:00 p.m. - 8:00 p.m.</td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td>Breakfast</td>
<td>6:30 a.m. - 9:30 a.m.</td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td>Lunch</td>
<td>10:30 a.m. - 2:00 p.m.</td>
<td></td>
</tr>
</tbody>
</table>

REGISTRATION, COACHES’ AND CONTESTANTS’ CLINIC, AND CHECKOUT
Registration will be held from 12:00 p.m. until 5:00 p.m., Thursday, May 23, 2019, in the Multi-Purpose Room of the Ceddia Union Building (CUB), on the campus of Shippensburg University of Pennsylvania, Shippensburg, PA. After 5:00 p.m., registration will be at the main desk of Harley Hall, Shippensburg University, which is located on York Drive near the Reed Operations Center and the University Police Office. From there, those residing on campus will be directed to their assigned residence hall to get their room keys.

Late arrival registration and packet pickup will be at the south ticket booth at Seth Grove Stadium (toward the fieldhouse), from 7:30 a.m. until 1:00 p.m. on Friday, May 24. ONE (1) Coach from the respective team may enter the stadium area to get the team’s packet and return to the ticket gate to give passes to the remainder of the coaching staff and athletes. After 1:00 p.m., packets will be available at the equipment room of Seth Grove Stadium, on the campus of Shippensburg University of Pennsylvania. Registration packets will include:

1. Map of Shippensburg University of Pennsylvania Campus
2. Two (2) Coaches' Passes
3. Residence Hall Assignments (if applicable)
4. One (1) Complimentary Program
5. General Information for Coaches and Contestants
6. Summary of Shippensburg University of Pennsylvania Rules and Regulations
7. Competitors' Numbers
Upon completion of registration, coaches and contestants should report to their assigned residence hall, if being housed on campus. Please note any pre-existing damages or conditions in the room and immediately report same to the front desk staff of the assigned residence hall.

Residence hall checkout will begin at 12:00 p.m., Saturday, May 25, 2019. Before checking-out the following MUST BE COMPLETED:

1. Put room in order (furniture, window blinds, window screens).
2. Collect sheets and pillowcases.
3. Close and lock room door.
4. Report to residence hall main desk.
5. Have sheets, pillowcases, and room keys provided by Shippensburg University of Pennsylvania inventoried at residence hall main desk by Shippensburg University of Pennsylvania personnel.
6. Report any damage or any lost items at residence hall main desk.
7. Sign checkout sheet at residence hall main desk.

EMERGENCY HEALTH CARE
PIAA will arrange to have a physician, an ambulance, and an EMS crew either at the Championships site or “on call”, to provide emergency medical care. PIAA-contracted certified athletic trainers will be available for emergency health care. Athletic trainers reserve the right to charge a school for any training supplies that were supplied by the athletic trainers or that were used by the school.

PRACTICE/WARM-UPS
Seth Grove Stadium will be open to coaches and contestants, for Practice purposes, from 12:00 p.m. until 6:00 p.m. on Thursday, May 23, 2019. For the purpose of accommodating qualifiers in the pole vault event with adequate Practice time, female vaulters will be scheduled to Practice in Seth Grove Stadium from 12:00 p.m. until 3:00 p.m. on Thursday, May 23, 2019 and male vaulters will be scheduled to Practice in Seth Grove Stadium from 3:00 p.m. until 6:00 p.m. on Thursday, May 23, 2019. Coaches are reminded that they are responsible for supervising their contestants at ALL TIMES including, but not limited to, the aforementioned practice sessions. Starting blocks will not be provided for practice on Thursday. Competitors are encouraged to bring their own.

Seth Grove Stadium field event areas will be open to only morning field events’ coaches and contestants, for Practice/warm-up purposes, from 8:00 a.m. until 8:45 a.m., and open to only afternoon field events’ coaches and contestants, for Practice/warm-up purposes, from 11:30 a.m. until 12:15 p.m., on each day of competition. Seth Grove Stadium field event areas will be closed to all field events’ coaches and contestants from the conclusion of the respective afternoon field events on Friday, May 24 until 8:00 a.m. on Saturday, May 25, 2019.

Seth Grove Stadium track will be closed to all track events’ coaches and contestants from the conclusion of track competition on Friday, May 24 until 8:00 a.m. on Saturday, May 25, 2019.

ADMISSION TO STADIUM
Admission to Seth Grove Stadium for Coaches on Friday and Saturday will be by a Coaches’ Pass. Contestants will be admitted on their contestant number. ALL OTHERS MUST PURCHASE A TICKET. A maximum of two (2) Coaches' Passes will be provided, per Team. COACHES’ PASSESS ARE NON-TRANSFERABLE.

TICKET PRICES

<table>
<thead>
<tr>
<th>SERIES</th>
<th>Adult</th>
<th>Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRIDAY:</td>
<td>Adult</td>
<td>$6.00</td>
</tr>
<tr>
<td>SATURDAY:</td>
<td>Adult</td>
<td>$8.00</td>
</tr>
</tbody>
</table>

In addition, online ticket sales are available in advance of the event by accessing https://www.piaa.org/sports/tickets.aspx
SPIKES, STARTING BLOCKS, & SURFACES
Pyramid spikes that do not extend beyond the soles of the shoes further than 1/4" shall be permitted on ALL BEYNON BSS-2000 surfaces. Spike length shall be checked for conformity to specifications, PRIOR TO the start of each race or field event, by a judge at the respective staging areas. Spikes may be purchased at the spike vendor’s trailer located outside the North Gate of Seth Grove Stadium. Only starting blocks that have been preauthorized by PIAA are permitted to be used on the Shippensburg University of Pennsylvania track. Starting blocks will not be provided for practices on Thursday. The high jump approach and the pole vault, long jump, triple jump, and javelin throw runways are identical to the BEYNON BSS-2000 track surface. Shot put and discus throw circles are concrete. The use of adherents, chalk, or spray paint on any BEYNON BSS-2000 surface is PROHIBITED! Adherents are PROHIBITED on PIAA supplied implements, javelin boots, shoes, and throwing surfaces.

COMPETITORS UNIFORM AND CONTESTANT NUMBERS
Head track and field coaches are responsible for distributing to their contestants the appropriate PIAA-assigned contestant number. Assigned contestants’ numbers must be securely pinned at all four (4) corners to the outside of the front of the contestant’s school-issued uniform top, beginning at mid-torso level, so as to be plainly visible from a distance of at least twenty (20) meters, as follows:

\[
\begin{array}{c|c|c|c}
\text{Pin} & \text{123} & \text{Pin} \\
\text{Pin} & \text{Pin} & \text{Pin} \\
\end{array}
\]

A competitor shall wear the assigned contestant number during competition. The number and/or transponders/chips shall be worn, unaltered, for purposes of official timing and place finish.

PENALTY: A competitor not wearing the assigned contestant number and/or computerized transponders/chips or altering such items in a manner which interferes with the recording of place finish is a rule violation resulting in disqualification from the race. NOTE: The referee may address irregularities 3-5-4 regarding the wearing of assigned number and/or chips.

MARSHALING
The infield area and all field event areas will be marshaled. Coaches and spectators will NOT BE PERMITTED on the infield, unless invited by the games committee.

Contestants will be permitted on the infield area no earlier than fifteen (15) minutes prior to the scheduled time of their event. Contestants must leave the infield area at the point of elimination from their event or at the conclusion of their event, whichever comes first.

BANNERS, NOISEMAKERS, LISTENING DEVICES, AND SPECTATOR DECORUM
The presence and/or the use of balloons, whistles, and/or portable listening devices (without earphones) are PROHIBITED! Persons using such items may be removed from the event. The use of small portable listening devices with earphones is permitted. Spectators are prohibited from removing their shirts and/or using body paint while in attendance at District and Inter-District Championship events and may be removed from the event for doing so. Principals and Athletic Directors shall inform and publicize these regulations to students. The failure of a school to so inform or publicize will not, however, prevent removal from the Contest for violations of this policy.

RESTRICTION ON TOBACCO PRODUCTS
PIAA policy prohibits the use of tobacco products by participating and non-participating Team personnel, including Coaches, during any Contest at any level (varsity, junior varsity, or otherwise) of competition. The use of tobacco products inside arenas, including locker rooms, is prohibited. In addition, the use of tobacco products by spectators is prohibited inside facilities that are designated "TOBACCO FREE"!

INQUIRIES
Any judgment decision pertaining to violations or alleged violations of the rules; a decision made by the finish judges or timers that does not involve misapplication of a rule, or the terms and conditions of competition; and/or whether a start is fair and legal are non-appealable. Inquiries will be accepted in the equipment room located under the West Stands of Seth Grove Stadium.
NO PROTEST RULE
Under PIAA there can be no protest of Contests as follows:
"The Board of Directors and District Committees will not consider any protest of Contests which are based on play situations or officials' decisions involving interpretation or judgment of plays."
"In no case will the results of a Contest be reversed nor will a Contest be ordered or permitted to be replayed."
"Questions regarding interpretation of rules or judgment of officials should be submitted in writing to the Executive Director."

MEDALS AND TROPHIES
1st, 2nd, 3rd, 4th, 5th, 6th, 7th, and 8th place finishers in each event and in each class, including ties for all places, will receive individual medals. Champion and runner-up teams in each class will receive trophies. Proper attire at the awards presentation ceremony shall consist of school issued warm-up suit or school issued track and field uniform and shoes. Sunglasses (except prescription), hats, head coverings (except for religious reasons), headbands, bracelets (cord or cosmetic), wristbands, and men's boxer shorts are PROHIBITED.

MEET SCORING
Pursuant to ARTICLE IX, REPRESENTATION, Section 4, Eligibility of Teams and Multiple Individuals of Championships Contests, of the PIAA By-Laws, Team points are awarded to place winners according to the order in which they finish a given event. For scoring purposes, a Team is made up of one or more competitors representing a single school. The Team winner is determined by totaling the points won by the individuals and relay Teams representing that school.

The number of places to be scored for each event shall be as follows:

<table>
<thead>
<tr>
<th>Place</th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
<th>4th</th>
<th>5th</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Points</td>
<td>10</td>
<td>8</td>
<td>6</td>
<td>5</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>

When any apparent place winner is disqualified in an event, lower place winners in that event shall be advanced to fill vacant places, unless the disqualification occurs after the event results have become official.

COMPETITORS
Contestants officially become competitors when they report to the clerk of the course or field event judge for an event in which they are entered. Contestants who fail to report prior to the clerk of the course closing the entries in the running events or after the judge starts competition in the field events shall not be allowed to participate in that event and shall be disqualified from further participation in the PIAA Track and Field Championships.

Each contestant shall be responsible for obtaining a contestant number and knowing the time schedule. Each contestant is solely responsible for promptly reporting for each event entered and at the location designated.

PARTICIPATION AND ENTRY LIMITATIONS
A competitor shall not compete in more than four events, including relays.

PENALTY: A competitor who participates in more events than allowed by rule shall forfeit all individual places and points and shall be disqualified from further competition in that meet. In a relay event, the Team's relay(s) points and place(s) shall also be forfeited.

DISQUALIFICATION
Unsporting conduct is behavior that is unethical or dishonorable. It includes, but is not limited to: disrespectfully addressing an official, any flagrant behavior; intentional contact, taunting, criticizing or using profanity directed toward someone. This shall apply to all coaches, contestants and other team/school personnel.

PENALTY: Disqualification from that event and further competition in the meet. Disqualification of a coach or other school personnel shall be from further involvement in the meet.

NOTES:
1: The NFHS disapproves of any form of taunting that is intended or designed to embarrass, ridicule or demean others under any circumstances.
2: No participant, team personnel, coach or administrator shall use alcohol or any form of tobacco product (e-cigarettes or similar items) beginning with arrival at the competition site until departure following completion of the contest.
Unacceptable conduct by a competitor includes, but is not limited to: willful failure to follow the directions of a meet official, using profanity that is not directed at someone; or any action which could bring discredit to the individual or his/her school.

**PENALTY: Disqualification from that event.**

**RELAYS**

In relay events, no more than six (6) individuals may be listed on the relay card/sheet, but only those who actually run will be considered official participants. Any substitutions must come from those names on the relay card/sheet. Even if less than six (6) names appear on the relay entry form, no additions or substitutions may be made after the District has submitted its qualifying relay teams to the PIAA Office.

The PIAA Track and Field Championships is a NO SCRATCH MEET! A contestant may not scratch from a PIAA Track and Field Championships event for which they have qualified, after the District has submitted its entries (qualifiers) to the PIAA Office, except when an illness or injury, certified to by a licensed physician of medicine or osteopathic medicine and/or the PIAA Track and Field Championships meet referee, forces a contestant to withdraw. This applies to both contestants in individual events and individual members of relay teams. If a relay team member is scratched for a reason other than injury or illness, and the relay no longer has four eligible contestants to compete, each remaining member of the relay team shall be scratched from the event, as determined by the Meet Director. The next place finisher in that event, in that District qualifying meet, shall be moved up into the qualifying position previously held by the scratched contestant to provide for the minimum number of entries from that District qualifying meet to the PIAA Track and Field Championships.

**NOTE:** It is not necessary to use the same four competitors in the finals who competed in the preliminary rounds of trials.

The order of running may be changed between heats and succeeding rounds or the final.

The head track and field coach of each school that qualified one or more relay teams for the 2019 PIAA Track and Field Championships must complete a PIAA TRACK AND FIELD CHAMPIONSHIPS RELAY ENTRY LIST for each qualifying relay team. PIAA TRACK AND FIELD CHAMPIONSHIPS RELAY ENTRY LIST forms are available at the respective District qualifying meets.

**POLE VAULT**

All qualifying schools are required to process the Pole Vault Verification Form (copy enclosed) listing the name and grade of each qualifier participating in the pole vault event. The head coach must verify, on the day of competition, the weight of each qualifier from his/her school and the proper ratings of all poles to be used during warm-up and/or during competition by each qualifier. Female vaulters weights shall be verified from 7:00 a.m. until 8:00 a.m. and male vaulters weights shall be verified from 11:00 a.m. until 12:00 p.m. on each day of competition in the football locker room of Seth Grove Stadium. Head coaches must bring the Pole Vault Verification Form to the weigh-ins unsigned.

Pole vaulters shall be permitted one (1) weigh-in dressed in full competition uniform and footwear on the day of competition. Following the recording of the vaulter’s weight, head coaches must complete the pole rating column, date and sign the form, and present the form to the head judge of the pole vault, or the head judge’s designee. Immediately following weight verification and prior to warm-up at the event area, vaulting poles shall be inspected and pole ratings shall be verified.

In the pole vault event, competitors are permitted to wear multi-impact resistant helmets that meet the current recommended ASTM standard for pole vaulting.

**LAPPED RUNNERS**

Lapped runners shall be permitted to continue along the normal course of their race.

**ADHERENTS, CHALK OR SPRAY PAINT**

The use of adherents, chalk, or spray paint on any BEYNON BSS-2000 surface is PROHIBITED! Adherents and spray paint are PROHIBITED on PIAA supplied implements, javelin boots, shoes, and throwing surfaces.

In the pole vault and throwing events, competitors may use chalk or an adhesive or similar substance such as rosin on their hands during competition.
FIELDTURF ARTIFICIAL TURF SURFACE AND TRACK

Guidelines for use of the FieldTurf artificial field surface:

1. No smoking or tobacco products permitted on or around the track or FieldTurf artificial field surface.
2. Chewing gum, sunflower seeds, and/or the unwrapping of tape on the FieldTurf artificial field surface are prohibited.
3. No open flames are permitted on or around the track or FieldTurf artificial field surface.
4. No shot putting, discus, or javelin throwing or the use of long spike track shoes are permitted on or around the track or FieldTurf artificial field surface.
5. Vehicles that are permitted on the track or field surface include only golf carts, small utility vehicles (Gators), and lawn tractors. All other vehicles are prohibited on the FieldTurf artificial field surface. Carts pulled by approved vehicles must have pneumatic tires.
6. Tents must be free standing structures with the legs supported by ¾ inch plywood planks. No stakes may be used to support any type of tent area FieldTurf artificial field surface.
7. Metal chair legs must be protected by rubber end tips and cannot contain any jagged edges that may damage the track or FieldTurf artificial field surface.
8. All shoes or athletic footwear on the track or FieldTurf artificial field surface must be free of mud and debris.

MARK, MARKER AND MARKING MATERIALS

In the pole vault, a mark or marker shall not be placed on the runway, but it is permissible to place markers at the side of the runway. Meet management may provide checkmarks, not more than three inches long, on the runway. Starting at the back of the planting box, mark intervals in the following manner: 6’, 7’, 8’, 9’, 10’, 11’, 12’, 13’, 20’, 30’, 40’, 50’, 60’, 70’, 80’, 90’, 100’, 110’, 120’.

In the long jump and triple jump, a marker shall not be placed on the runway or in the landing pit. A competitor may place one or two markers (supplied or approved by the games committee) alongside the runway to assist in the run-up and take-off.

In the 4x100 meter relay, ONLY TAPE shall be permitted to mark acceleration zones.

ADDITIONAL INFORMATION

Mr. Mark E. Byers, PIAA Chief Operating Officer, and Patrick B. Gebhart, PIAA Assistant Executive Director will serve as the 2019 PIAA Track and Field Championships Co-Meet Directors. For further information, contact the PIAA Office at 717/697-0374.