49th Girls’ and 80th Boys’ Annual
PIAA Cross Country Championships

CONDITIONS OF ENTRY
The 2019 PIAA Cross Country Championships shall be conducted pursuant to all applicable By-Laws, Policies and Procedures, and Rules and Regulations of PIAA. Additionally, it is important that the Principal, Athletic Director, and head cross country Coach of all individuals that will participate in the 2019 PIAA Cross Country Championships and all persons who will have responsibilities involving these activities be fully informed of the policies and procedures described herein. It is also necessary that everyone associated with these championships comply with all policies and procedures, without exception. Failure to comply may result in removal from the 2019 PIAA Cross Country Championships.

PIAA member schools are not required to enter PIAA championship events. Entry and participation in the 2019 PIAA Cross Country Championships are voluntary. Entry into the 2019 PIAA Cross Country Championships signifies that the member school accepts the fact that the PIAA Executive Director, or the Executive Director’s designee, reserves the right to make changes in the management, operation, schedule, and site of the 2019 PIAA Cross Country Championships if, in the judgment of the Executive Director, or the Executive Director’s designee, it is necessary to do so.

DISTRICT QUALIFIERS
Each PIAA District that sponsors a qualifying meet involving at least four (4) member schools sponsoring a cross country Team, which participates in at least 50% of the maximum permitted number of Regular Season Contests in that sport, shall be entitled to a minimum of one (1) Team entry (qualifier), and a minimum of five (5) non-Team individual entries (qualifiers), per enrollment classification, to the PIAA Cross Country Championships.

Additional entries (qualifiers) are computed on a modified proportional representation basis, with the larger Districts limited to an appropriate maximum number of Team and non-Team individual entries (qualifiers) to the PIAA Cross Country Championships.

It is permissible for a District to replace a maximum of one (1) Team entry with a maximum of seven (7) additional non-Team individual entries, thereby, increasing the maximum number of non-Team individual entries from that District by seven (7) entries, per enrollment classification, as qualifiers to the PIAA Cross Country Championships.

NOTE: Five (5) or more non-Team individual entries (qualifiers) from the same member school shall be eligible to receive a Team score.

CROSS COUNTRY

Maximum Number of Entries (Qualifiers) to the 2019
PIAA Girls’ and Boys’ Cross Country Championships

TEAM ENTRIES

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<th>District</th>
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*Indicates District(s) combined with another (other) District(s) to form a Region.
NOTE: 3 A Girls - District II & IV are combined, District VI & IX are combined and District VIII & X are combined.
NOTE: 3 A Boys - District II & IV are combined, District VIII & X are combined
NON-TEAM INDIVIDUALS

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*Totals 90 90 90 95 95 95

*Indicates District(s) combined with another (other) District(s) to form a Region.

PIAA authorizes the use of a picture-based finish/timing system, which, in conjunction with chip timing or other electronic timing system which is attached to the shoe(s)/torso of each runner, enhances the accuracy of the finishing position of each runner by utilizing the torso breaking the plane of the finish line.

TEAMS

A cross country Team shall consist of seven (7) members. Eight (8) runners may be entered; however, a minimum of five (5) runners and a maximum of seven (7) runners shall be permitted to run.

DATES, SITE, AND STARTING TIMES

The 2019 PIAA Cross Country Championships will be conducted on the Parkview Cross Country Course, Hershey, PA.

CHAMPIONSHIPS SCHEDULE

Saturday, November 2, 2019

- A Girls - 9:30 a.m.
- AA Girls - 10:15 a.m.
- AAA Girls - 11:00 a.m.
- A Boys - 11:45 a.m.
- AA Boys - 12:30 p.m.
- AAA Boys - 1:15 p.m.
- Awards Presentation - 2:00 p.m. (Behind Start Line)

A limited number of complimentary results will be available to onsite media beginning at 2:00 p.m., on Saturday, November 2, 2019. Meet results, including places, times, and re-ranked Team results will be available on the PIAA Web site at www.piaa.org, on the Runner’s High Web site at www.runhigh.com, and on the PennTrackXC Web site at www.penntrackxc.com.

REGISTRATION

Registration will be conducted from 12:00 p.m. until 5:00 p.m., Friday, November 1, 2019 at the gray trailer adjacent to the Finish Area on the Parkview Cross Country Course. Late registration will be conducted from 8:00 a.m. until 9:30 a.m., Saturday, November 2, 2019 also at the gray trailer adjacent to the Finish Area.

School Registration Packets shall include:

3. Competition Number(s) with four (4) pins with timing transponder;
4. Complimentary Program (Includes: Map of Course; Starting Line Assignments, by Enrollment Classification, Competitors’ Names; and Assigned Competition Numbers by Enrollment Classification, by PIAA District).

COMPETITOR'S UNIFORM

A competitor is required to adhere to RULE 4-3-1 and 4-3-2, as applicable, of the 2019 NFHS Track and Field and Cross Country Rules Book.
CONTESTANTS’ NUMBERS

Contestants’ numbers, as assigned by PIAA, are set forth in the PIAA Cross Country Championships program. Head cross country Coaches are responsible for distributing to their runners the appropriate PIAA-assigned contestant number. The contestant number will be affixed with a timing transponder. **NO TIMING CHIPS WILL BE ISSUED.**

Assigned contestants’ numbers must be securely pinned at all four (4) corners to the outside of the front of the runner’s school-issued uniform top, beginning at mid-torso level (not the chest), so as to be plainly visible from a distance of at least twenty (20) meters, as follows:

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Pin  123  Pin
Pin   Pin
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COURSE AND SPIKES

The cross country course is 5000 meters (3.1 miles) in length. The course is almost entirely grass with a few gravel and/or macadam surfaces being crossed by contestants while running the race. The course will be clearly marked with white lines and flags (RED flag indicates a turn to the left and YELLOW flag indicates a turn to the right). Splits will be visible on a digital clock adjacent to the timing mats laid across the course at the one (1) mile and two (2) mile marks. **ALL RUNNERS ARE REQUIRED TO RUN THE PRESCRIBED COURSE!** If any competitor fails to run the proper course, or receives any assistance from any other person, COURSE UMPIRES shall report the infraction to the MEET REFEREE.

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STARTING LINE PROCEDURES

Competitors must report to the starting line ten (10) minutes before the starting time. Lane positions will be checked five (5) minutes before the starting time.

FINISH LINE PROCEDURES

Runners are instructed to run through the Finish Area and over both timing mats. Officials will exercise maximum effort to get runners away from the Finish Area; however, it is the responsibility of the contestants to move quickly through to the back and exit the Finish Area.

MEET SCORING, RESULTS, AND CORRECTION OF ERRORS

PIAA authorizes the use of a picture-based finish/timing system, which, in conjunction with chip timing or other electronic timing system which is attached to the shoe(s)/torso of each runner, enhances the accuracy of the finishing position of each runner by utilizing the torso breaking the plane of the finish line.

FinishLynx will provide a picture-based finishing/timing system, to confirm the order of finish.

Results are official when posted under the approval of the Meet Director. Clerical or Team scoring errors may be corrected up to 48 hours after the conclusion of the meet. Correction of meet results involving a contestant who has been disqualified from the meet may be made any time. Appeals regarding misapplication of the rules shall be filed within 30 minutes after the results have been announced or made official.
MEDALS AND TROPHIES
Awards will be presented behind the Start Line, after all races are completed and all scores are tabulated. The championship and the runner-up Teams in each class, both girls and boys, will receive trophies. Members of the champion and runner-up Teams will receive medals (ten [10] per Team). The top twenty-five (25) individual finishers in each class, both girls and boys, will receive medals.

EMERGENCY HEALTH CARE
PIAA Sports Medicine personnel will be present to provide emergency healthcare to participating contestants. An EMS crew will be available to provide emergency assistance and transportation, as needed. PIAA Sports Medicine personnel reserve the right to charge a school for any training supplies that were supplied by PIAA Sports Medicine personnel or that were used by the school. SCHOOLS ARE RESPONSIBLE FOR PROVIDING THEIR QUALIFIERS WITH WATER!

LODGING AND MEALS
Housing is not available at the Parkview Cross Country Course and housing will not be provided by PIAA. If needed, a representative of each participating school must make arrangements for housing and for meals, as required, for the school’s competitor(s) and Coach(es). An abbreviated list of hotels and motels in the Harrisburg/Hershey area is available on the PIAA Website at www.piaa.org.

Toll free reservations are available through (1) Hershey Group Room Reservations at (800) 437-7439 or visit their Web site for online reservations at www.hersheypa.com; (2) Hershey Harrisburg Regional Visitors’ Bureau at (800) 995-0969 or (877) 727-8573 or visit their Web site for online reservations at www.hersheyharrisburg.org; or (3) visit the Hershey Harrisburg Area Welcome Center Web site at www.visithhc.com.

COURSE INSPECTION
QUALIFYING MEMBER SCHOOL TEAMS AND NON-TEAM INDIVIDUAL(S) ARE PROHIBITED FROM INSPECTING THE CHAMPIONSHIP COURSE PRIOR TO 12:00 P.M. ON FRIDAY, NOVEMBER 1, 2019. VIOLATIONS MAY RESULT IN DISQUALIFICATION FROM THE 2019 PIAA CROSS COUNTRY CHAMPIONSHIPS. NO EXCEPTIONS! Cross country course inspection will be permitted from 12:00 p.m. until 5:00 p.m., Friday, November 1, 2019 and from 8:00 a.m. until 9:00 a.m., Saturday, November 2, 2019, under the following conditions:
1. Individual qualifiers and qualifying Teams may jog or walk the cross country course only while under the direct supervision of the individual qualifier's Coach(es) or qualifying Team’s Coach(es).
2. Individual qualifiers and qualifying Teams are restricted to the cross country course which will be clearly marked with white lines and flags (RED flag indicates a turn to the left and YELLOW flag indicates a turn to the right).
3. Interference with visitors or conduct by any person or persons which may cause a distraction or harm to any other person or persons or to the Parkview Cross Country Course is PROHIBITED.
4. Activities such as, but not limited to, pick-up touch football games, soccer games, and Frisbee throwing are PROHIBITED.

PARKING
Parking for competing schools on Friday, November 1 and Saturday, November 2, 2019 will be restricted to the reserved parking area located adjacent to the Parkview Cross Country Course. Signage located along HERSHEYPAK Drive will direct competing schools to that reserved parking area. EACH QUALIFYING SCHOOL WILL RECEIVE ONE (1) PARKING PERMIT VALID FOR RESERVED PARKING ON SATURDAY, NOVEMBER 2, 2019, ONLY.

PARKING FEE
Spectators desiring to park on Saturday, November 2, 2019 will be charged a $10.00 per vehicle parking fee. Spectator parking on Saturday, November 2, 2019 will be limited to the lots of the GIANT Center.

Pedestrians crossing the HERSHEYPAK Parking access drive will be restricted to the crosswalks adjacent to the GIANT Center.
**SPECTATOR DECOREM**
Spectators will be permitted to walk the course in support of qualifiers throughout the day of competition. Coaches, athletes and spectators who choose to walk the course are requested to adhere to the following guidelines:

1. Stay behind the white lines while the runners are on the course and adjacent to your area. Do not cross over the course and impede a runner(s) at any time during competition.
2. Dogs are to be leashed at all times and under the direct control of the handler. Handlers must clean up after their dogs on the grounds of Hershey Entertainment and Resorts.
3. Coaches who choose to ride bicycles must give way to spectators and may not impede the runners in any fashion.
4. Activities such as, but not limited to, pick-up touch football games, soccer games, and Frisbee throwing are PROHIBITED.

**USE OF DRONES**
For the purposes of this policy, a drone is any unmanned aerial device ("UAV").

Drones are not permitted above the competition surface or spectator areas during interscholastic Contests, Inter-school Practices or Scrimmages. Drones may not be used to scout opposing team Practices. Member schools may utilize drones for their own school team practice sessions based upon their local school policies.

Persons and/or schools violating this Policy shall be subject to sanctions which may be imposed under Sections 5, 6, 7 and/or 9 of ARTICLE XIII, PENALTIES, of the PIAA By-Laws.

Upon timely requests submitted to PIAA, the Executive Director is authorized to grant exceptions to this policy on a case-by-case basis for PIAA broadcast partners in conjunction with any host school/facility local policies.

**CHAMPIONSHIPS MERCHANDISE**
CR&A Designs is the official exclusive merchandise representative of PIAA. CR&A Designs will offer official PIAA merchandise, novelties and souvenir programs at the PIAA Cross Country Championships on Friday, November 1 and Saturday, November 2, 2019. All items will be available adjacent to the Start/Finish area as well as the CR&A Designs online store. Anyone that would like to receive PIAA Championships merchandise after the event can visit the CR&A Designs online store by clicking “Store” at [www.piaa.org](http://www.piaa.org).

PIAA®, PIAA Traditional Logo®, P.I.A.A. OFFICIAL and Design®, and SPORTSMANSHIP: THE ONLY MISSING PIECE IS YOU! and Design® are marks registered with the United States Patent and Trademark Office and are for the exclusive use of the Pennsylvania Interscholastic Athletic Association, Inc. Any use of PIAA’s marks by third parties, without the express written consent of the Pennsylvania Interscholastic Athletic Association, Inc., is strictly PROHIBITED!