### 2019 NFHS GIRLS LACROSSE RULE CHANGES

<table>
<thead>
<tr>
<th>Rule</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-6-1</td>
<td><strong>Appendix B 42</strong> Establishes that goal keepers must wear a chest protector designed for lacrosse that meets the NOCSAE standard at the time of manufacture beginning January 1, 2021 to minimize the risk of injury.</td>
</tr>
<tr>
<td>2-7-3</td>
<td>Establishes that headgear and chinstrap must be properly worn to minimize the risk of injury.</td>
</tr>
<tr>
<td>2-9-2</td>
<td>Adds the option of white bottoms to align the goalkeeper’s uniform with the undergarment color options.</td>
</tr>
<tr>
<td>3-7-2d</td>
<td>Sounding the horn twice to indicate time-out differentiates between the horn for time-out and other horns.</td>
</tr>
<tr>
<td>4-8-1, 4-8-2(NEW), 4-8-3c</td>
<td>Establishes the release of the ball from the crosse before time expires as a legal shot, eliminating the judgement call at the goal line.</td>
</tr>
<tr>
<td>5-1-1; 5-1-3; 5-2 PENALTIES; 5-4-1 thru 4 (NEW); 6-3-1a, c; 6-3-2a, 9-1c(3); 13( NEW)</td>
<td>Establishes the self-start option which decreases the amount of official involvement in restarting play allows for greater flow of the game.</td>
</tr>
<tr>
<td>5-5-3b</td>
<td>Establishes that alternate possession in the critical scoring area is awarded at the closest dot easing the administration of alternate possession in the critical scoring area.</td>
</tr>
<tr>
<td>7 PENALTIES 1</td>
<td>Moves the administration of goal circle fouls to the dot easing administration and increasing safety.</td>
</tr>
<tr>
<td>10-1 PENALTIES 4c, e; 11-2 PENALTIES 5a; 13 (NEW)</td>
<td>Establishes a penalty zone that must be cleared when a major foul by a defensive player occurs within 8 meters of the goal circle and above the goal line extended, increasing safety around 8-meter free positions.</td>
</tr>
</tbody>
</table>
10-1 PENALTIES 4 NOTE

Establishes specific allowance to the placement of defensive players ball-side on the 8-meter free position.

12-8 EJECTION PENALTIES 3

Clarifies state administrative options for ejections by not requiring the attendance of ejected players at the next game.

2019 EDITORIAL CHANGES

Obstruction Free Space to Goal—Opportunity to Shoot:

The Free Space to Goal (shooting space) foul continues to be one of the most difficult rules to understand and officiate in girls lacrosse. In an effort to clarify this major foul, the 2019 NFHS/USL girls Lacrosse Rules Committee is emphasizing the importance of understanding the criteria needed when evaluating the potential foul. The official must first note the location of the ball. The ball must be above the goal line extended and within the critical scoring area. Second, the attacker must be in active pursuit to goal while her hands, stick and feet are in position to shoot safely. If there are players in the lane to goal, a safe shooting opportunity does not exist. This action must be created by the attacker showing engagement to goal, and the call must be made if the defense is in illegal defensive positioning.

Rough and Dangerous:

Limiting rough and dangerous play is a priority of the NFHS/USL Girls Lacrosse Rules Committee, not only because it disrupts the flow of play, but because it also places the player(s) at risk for injury. Any check that occurs within playing distance from an opposing player that is performed in a reckless, dangerous or intimidating manner must be called. No player’s crosse may hit or cause her opponent’s crosse to hit the opponent’s body. Any other action with the crosse in which the official’s opinion amounts to dangerous or intimidating play should be considered rough and dangerous. Officials should consider carding players who continually commit rough and dangerous fouls. Consistent officiating of rough and dangerous play will not only decrease the risk of injury, but also improve overall game management.

Empty Stick Check—Intentional vs. Incidental Contact:

This point of emphasis is to clarify incidental versus intentional stick contact during the pursuit of a playable ball. When the ball is in the air or on the ground and is playable by both teams, incidental stick contact by players who are actively pursuing possession of the ball is legal. However, when the ball is in a playable situation it is illegal for one payer to initiate contact with the opponent’s crosse in an effort to prevent her from gaining possession. The official must be able to evaluate the intent and impact of the payer initiating the contact. In addition, an area of particular concern is during the draw. When the ball is in the air, an empty stick check should be only be called when a payer’s action is intentional check her opponent's stick to prevent he from gaining possession.
The presence and/or the use of balloons, whistles, and/or portable listening devices (without earphones) are PROHIBITED! The Principal and Athletic Director of each school will be requested to confiscate these items from their cheerleaders and/or the spectators from their school and community. The use of pom-poms by cheerleaders and small portable listening devices with earphones is permitted. Spectators are prohibited from removing their shirts and/or using body paint while in attendance at District and Inter District Championship Contests. Principals and Athletic Directors of competing schools shall announce and publicize these regulations.

The principal, athletic director, coaches, team physician, team trainer, players in uniform, managers, ball holders, and statisticians will be the only persons permitted in the team box.

*As copied from the PIAA Policies and Procedures Manual*

### 2019 PIAA ADOPTIONS and MODIFICATIONS

- Adopt the 2019 NFHS Girls' Lacrosse Rules Book.
- Modify Rule 4-2-3, NOTE: PIAA defines an appropriate health-care professional as a licensed physician of medicine or osteopathic medicine (M.D. or D.O.).
- Modify Rule 4-6, overtime procedures, when the score is tied at the end of regular playing time during Regular Season Contests, the winner will be decided on a “sudden victory” stop-clock overtime of no more than six minutes in length with the Teams changing ends after 3 minutes, with no delay for coaching. If the six-minute “sudden victory” stop-clock overtime expires without a goal, the game remains a tie.

### OFFICIALS USE OF WIRELESS DEVICES (Headsets)

PIAA officials are permitted to use electronic headsets when officiating. This includes pre season, regular season, and post season. Officials who are not familiar with their use should avoid using them for a first time in a PIAA contest.

### PIAA 2019 GIRLS LACROSSE SCHEDULE

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Practice Date</td>
<td>Monday, March 4</td>
</tr>
<tr>
<td>First Inter-School/Scrimmage Date</td>
<td>Saturday, March 9</td>
</tr>
<tr>
<td>First Regular Season Play Date</td>
<td>Friday, March 22</td>
</tr>
<tr>
<td>Last Regular Season Contest Date and</td>
<td></td>
</tr>
<tr>
<td>District Championship Deadline</td>
<td>Saturday, May 25</td>
</tr>
<tr>
<td>PIAA Girls’ Lacrosse Championships:</td>
<td></td>
</tr>
<tr>
<td>First Round</td>
<td>Tuesday, May 28</td>
</tr>
<tr>
<td>Quarterfinals</td>
<td>Saturday, June 1</td>
</tr>
<tr>
<td>Semi-Finals</td>
<td>Tuesday, June 4</td>
</tr>
<tr>
<td>PIAA Girls’ Lacrosse Championship Finals</td>
<td></td>
</tr>
<tr>
<td>West Chester East HS</td>
<td>Saturday, June 8</td>
</tr>
<tr>
<td>AA Championship Game</td>
<td>10 am</td>
</tr>
<tr>
<td>AAA Championship Game</td>
<td>Noon</td>
</tr>
</tbody>
</table>
1) The PIAA Official's Emblem must be worn on the upper left sleeve of the official's standard shirt when officiating in all PIAA sponsored games.

2) All PIAA-registered officials must wear identical uniforms during a contest.

3) Required uniform for lacrosse officials:
   - **Shirt** Alternating black and white 1-inch vertically striped, long or short sleeved shirt with a black collar or v-neck collar.
   - **Skirt** Black (black culottes, slacks or shorts may be worn).
   - **Socks** Black knee socks or black crew socks.
   - **Shoes** Clean, solid black with black laces.
   - **Lanyard** Black.
   - **Whistle** Black.
   - **Turtleneck** Black (if needed) to be worn under a long sleeve official’s shirt.
   - **Jewelry** Umpires are NOT permitted to wear jewelry, with the exception of your wedding band and a Medical Alert Bracelet or Necklace while umpiring. The restrictions that pertain to a player for a Medical Alert Bracelet or Necklace also pertain to umpires.

   **Cold Weather Gear** Any cold weather gear must be worn under the uniform shirt. Jackets or other gear, even though striped is not permitted to be worn over the striped, uniform shirt.

The wearing of jewelry (except wedding bands and medical-alert bracelets) and wrist watches (except as a required timing device) is prohibited.

Smoking and/or tobacco chewing is prohibited. (Minutes, Board of Control, PIAA Summer Workshop, July 17, 1989, p. 3).

PIAA sports’ officials may display an American flag (maximum size 2 by 3 inches) on the right sleeve of the uniform shirt approximately three inches down from the shoulder seam. This will be the same position the PIAA official patch is displayed on the left sleeve.

Commemorative patches may not be affixed to the uniform but may be placed on warm up clothing.

**NOTE:** ALL UNIFORM ITEMS MUST BE IDENTICAL TO PARTNER(S), DRESS ALIKE!!!

---

**OFFICIAL’S UNIFORM**

**OFFICIATING PROCEDURES**

**ARRIVAL AT THE SITE**

Cooperation with Contest management begins with timely arrival at the Contest site. Nothing makes administrators and coaches more nervous at the onset of a contest than not knowing whether the officials are going to show up.

Start the game off right by communicating your arrival time at the site with the athletic administrator. Show up, where possible, at least thirty minutes prior to the scheduled draw. It will go a long way in helping your credibility as a quality official.

Be sure that your cell phone number is shared with your partners in the event an emergency arises prior to your arrival at the contest site.

On the set up for the draw the official will place the ball in such a way that it sits between the sticks in the upper third of each head at its widest point. Only 3 members of a team may be between the restraining lines on the draw.

To aid the efficiency of the penalty administration, free positions shall be at the spot of the ball unless specifically directed by the rules or the spot of the ball would disadvantage the non-offending team.

---

**25th ANNUAL OFFICIALS’ CONVENTION**

**AUGUST 9-10, 2019**

**HILTON HARRISBURG**
Pre-Game:
1. 30 minutes before game time - arrive at site/meet with partner/s.
2. 20 minutes before game time - inspect field.
3. 15 minutes before game time - talk with timer & scorer.
4. 10 minutes before game time - meet with captains & head coaches.
5. 5 minutes before game time - check sticks, uniforms & equipment.

Overtime/Tie-Breaking Procedure:
(for High School Varsity Only)

Regular Season: (PIAA highlighted adoption varies from rule book, pg. 30)
- When the score is tied at the end of regular play, both teams will have a five (5) minute rest period and visiting team will call the coin toss for choice of ends (alternating possession will continue from regulation.)
- The winner will then be decided in “sudden victory” stop-clock overtime period of no more than six (6) minutes in length, with the teams changing ends after three (3) minutes (with no delay for coaching or substitution). The game will be restarted by a center draw. The team scoring the first goal wins.
- If the six (6) minute overtime period expires without either team scoring a goal, the game remains a tie.

Post-Season Play:
- Play will continue with “sudden victory” stop-clock overtime periods of six (6) minutes in length (changing ends after three (3) minutes with no delay for coaching or substitution) until a winning goal is scored.
- There will be a three (3) minute rest period between each six (6) minute playing period.

Carding Procedure:
1. Time out must be called.
2. Cards are a warning to ALL players.
3. The player receiving the card will sit or kneel in the penalty area for the duration of the penalty.
4. The penalty time for a yellow card is 2 minutes; the penalty time for a red card is 4 minutes.

Delay Of Game: (2018 rules update, pg. 50)
1st Offense – Minor, Green card to team, change of possession if applicable.
2nd Offense – Major, Green/Yellow card to offender, carded player must leave game for 2 minutes—No substitute during suspension period.
3rd and Subsequent Offense - Major, Penalized as Misconduct.
Full Yellow and included in card count.
- 1st and 2nd delay cards not included in team card counts.
Misconduct & Suspension: (pg. 62)
1. When a player is carded out of the game, no one is placed 4m behind the opponent receiving the free position.
2. The team with the suspension will play short-handed in both its offensive & defensive ends for the entire suspension period.

Player Misconduct:
- **1st, 2nd & 3rd Offenses** - yellow or red card to offender – major foul – player must leave field for 2 minutes (yellow) or 4 minutes (red) of elapsed playing time. No substitute until 2 or 4 minutes of playing time has elapsed.
- **4th or Subsequent Offenses** - yellow or red card to offender - major foul - player must leave field for 2 minutes (yellow) or 4 minutes (red) - team must play short for rest of game & overtime. (Example - 4th card - team is down to 11 players, 5th card - team is down to 10 players, etc.).

**NOTE:** Any player receiving 2 yellow cards or one red card is not permitted back in the game.

Coach Misconduct:
The head coach is responsible for the actions of the bench personnel.
- **1st Offense** - yellow card - major foul - coach must designate a player to serve the 2 minute suspension.
- **2nd Offense** - yellow or red card - major foul - coach must leave the field, including the spectator area - interim coach must designate a player to serve the 2 minute (yellow) or 4 minute (red) suspension.

Note:
1. If there is no interim coach available, the team shall forfeit the game.
2. All cards to the coach shall count toward the team's cumulative total.

Red Carded Player or Coach:
Any player or coach red carded **MUST be reported within 24 hours** to the PIAA using the Disqualification Form found on line at [www.piaa.org](http://www.piaa.org). Umpires - make sure you get the name of the person ejected.

Suspended/Interrupted Games: (pg. 30)
Officials will make every effort to include game admin in pre-game discussions concerning any potential weather concerns and protocols including where players will go for safety, etc.
1. Once play begins officials have the authority to interrupt or delay the game due to dangerous weather or field conditions.
2. The officials decision is final.
3. Games are considered legal and complete if 80% of playing time has elapsed.
4. An interrupted game continued same day will restart from point of interruption.
5. If a suspended game is replayed on another day, it must be played from point of interruption.
6. A suspended game may be considered complete by mutual agreement of coaches. The game score will stand as the score at the time of termination.
PIAA BY-LAWS: ARTICLE XIII, SECTION 8

Any coach and/or contestant who, while coaching or competing for a PIAA member school, is ejected from a Contest by a state high school association recognized and/or registered official in that sport for unsportsmanlike conduct or flagrant misconduct shall be disqualified from coaching and/or participating for the remainder of the day and in all Contests on the next Contest day of the same level (varsity, junior varsity, or otherwise) of competition. For a coach, participation in the next Contest includes any contact by the coach with members of the Team, including other coaches, between the time that the Team arrives at the Contest site and the conclusion of the last Contest of the day. The Principal shall direct the coach not to attend all of the Contest(s).

Any coach and/or contestant ejected from the last Contest in that sport in a sport season shall be disqualified from coaching and/or participating in the first Contest(s) in that sport in the subsequent sport season, at the same level (varsity, junior varsity, or otherwise) of competition, at any PIAA member school or, if the student changes levels of competition, such as from junior varsity to varsity, the first Contest(s) in that sport.

In Girls’ Lacrosse, the athletic director and principal must meet with the ejected coach/contestant and detail in a report what corrective action has been taken. This report then must be signed by all parties and sent to the district Girls’ Lacrosse chairperson. This form is located on the PIAA website on the Girls’ Lacrosse page.

When a coach or contestant is disqualified/ejected from a Regular or Post-Regular Season Contest a report must be filed by the official who disqualified/ejected the coach or contestant. When the report is received in the PIAA Office it is viewed by the concerned school Principal and Athletic Director and mailed to the respective District Chairmen, officials’ representatives and sportsmanship chair. A copy is also given to the Assistant Executive Director and placed in the school’s file.

The official shall file a report on-line with the PIAA Office on the form prescribed for the sport involved, within twenty-four (24) hours following the completion of the Contest in which the ejection occurred. Failure to file such report shall not affect the validity or consequences of the ejection.

OFFICIALS ARE TO FILE A REPORT WITH THE PIAA OFFICE ON-LINE WITHIN 24 HOURS OF THE EJECTION OR THEY MAY BE PLACED ON PROBATION. OFFICIALS SHOULD GO TO THE “FORMS SECTION” UNDER THE OFFICIALS TAB AT www.piaa.org.

EXAMPLES OF DISQUALIFICATION PROVISION
OF ARTICLE XIII, SECTION 8

The following examples are for players or coaches and are only examples and not a complete list. What this means is a player or coach ejected from a contest at any level must sit out the remainder of the day and the next day of the next contest at that level.

Example #1: Player/coach gets ejected from a junior varsity contest before a varsity contest. This player/coach gets disqualified for the remainder of the day and the next day of the next junior varsity contest. If this contest is followed by a varsity contest on the same day, the player/coach gets disqualified for the varsity contest also (the whole day).

Example #2: Player/coach gets ejected from a varsity contest on Friday, the team’s next varsity contest is Friday. Before the varsity contest is a scheduled junior varsity contest, player/coach cannot participate in any of Friday contests.
EXAMPLES OF DISQUALIFICATION PROVISION
OF ARTICLE XIII, SECTION 8 (cont’d)

Example #3: Player/coach gets ejected from a varsity girls’ lacrosse game Saturday. The next varsity contest is a game on next Friday but the game gets postponed to Saturday. On Saturday, the junior varsity team is to compete in another girls’ lacrosse game, is the player and/or coach eligible to participate in the junior varsity game? Since the Friday contest was postponed the next varsity game is the same day as the junior varsity game and the player/coach are not eligible to participate the whole day.

**Note to officials: the enforcement of the rules as written and the use of the mechanics when ejecting personnel from a contest cannot be stressed enough. PIAA cannot defend the lack of enforcement of sportsmanship rules nor the failure to use approved mechanics with regard to these ejections.**

PIAA BY-LAWS—ARTICLE XV; SECTION 3
REQUIREMENT OF WRITTEN CONTRACT

All PIAA member schools shall enter into either paper or electronic contracts on the official contract form entitled “Contract for Officials Under PIAA Rules” with all registered sports officials retained by the schools or assigned by an assignor. Registered sports officials are independent contractors and therefore, are NOT employees of PIAA, the school, or the assignor. Disputes arising from oral agreements will not be considered by PIAA.

PIAA WEBSITE OFFICIALS’ INFORMATION AREA

The officials’ section of the PIAA website may be accessed by registered PIAA sports’ official using their individual officials’ code. This code is secured individually by utilizing the first four (4) letters of your last name and the last four (4) digits of your ID number. Items listed in the secured area include: Officials’ directory, on-line disqualification forms and on-line injury forms. Other information in the officials’ area on our website include: Applications for Becoming an Official; Sportsmanship Message; Rules Interpretation Meetings; Bulletins (Sports Specific); Athletic Officials’ Manual; Various Forms; Evaluation Information; Officials’ Merchandise; Officials Recognition and Power Point Presentations; along other important officials’ information. Please utilize this area for assistance and information in preparing for your games as well as hosting quality chapter meetings.

CANCELLATION OF AN OFFICIAL’S CONTRACT BY A PIAA MEMBER SCHOOL

If a PIAA member school violates or cancels a contract with an official, the District Committee or the Board of Directors, in their respective jurisdictions, may require a school so violating or so canceling to pay to the offended official the fee or fees for the Contest or Contests which have been provided in the official contract. Failure of a PIAA member school to live up to the terms of the contract shall be considered a violation of the Constitution and By-Laws of PIAA.

Comment: It has been brought to our attention on numerous occasions that officials have lost assignments or games because a school or assignor has “double booked” the contest. Officials are reminded that unless there is a written contract executed between the parties, they have no claim to any type of reimbursement from the offending school(s). Many schools have made a “good faith” effort to the officials to get them an additional assignment in the future or offer a scrimmage to pick up the lost fees. However, officially, without a written, signed, properly executed contract between the official(s) and the school(s), there is no recourse for the officials. In this day of technology it is not very hard for assignors, or schools, to execute these contracts. This is part of an assignor’s responsibility. Officials should request contracts from their assignors or schools for both parties protection.
For the 2018-19 school year, American Specialty Insurance Services will provide the following benefits:

- One Million Dollars of Liability Coverage;
- $25,000 Excess Accident Medical Coverage (with a $250 deductible);
- $5,000 Accidental Death and Dismemberment (including a cardiac benefit).

This program is administered by American Specialty Insurance Services and underwritten by USF&G and Mutual of Omaha. Again this year, all regularly scheduled chapter meetings and the mandatory rules meeting will be covered under PIAA’s basic liability coverage. Chapters are requested to please enter their list of regularly scheduled chapter meetings online at www.piaa.org to assist procedurally in the exchange of information to have all local association meetings covered.

Contact information is as follows:
Drew Smith, Vice-President for Client Services
Sara Douglass, Administrative Assistant
American Specialty Insurances Services, Inc.
142 N. Main Street, P.O. Box 309
Roanoke, Indiana 46783-0309
Phone: 260-672-8800
Fax: 260-673-www.amerspec.com
**BLOOD-BORNE INFECTIOUS DISEASE**

Strategies for reducing the potential exposure to these agents include following Universal Precautions such as:

- An athlete who is bleeding, has an open wound, has any amount of blood on his/her uniform, or has blood on his/her person, shall be directed to leave the activity (game or practice) until the bleeding is stopped, the wound is covered, the uniform and/or body is appropriately cleaned, and/or the uniform is changed before returning to activity.
- Athletic trainers or other caregivers need to wear gloves and take other precautions to prevent blood or body fluid-splash from contaminating themselves or others.
- In the event of a blood or body fluid-splash, immediately wash contaminated skin or mucous membranes with soap and water.
- Clean all contaminated surfaces and equipment with disinfectant before returning to competition. Be sure to use gloves when cleaning.
- Any blood exposure or bites to the skin that break the surface must be reported and immediately evaluated by an appropriate health-care professional.

**COMMUNICABLE DISEASE AND SKIN INFECTION PROCEDURES**

Proper precautions are needed to minimize the potential risk of the spread of communicable disease and skin infections during athletic competition. These conditions include skin infections that occur due to skin contact with competitors and equipment. The transmission of infections such as Methicillin-Resistant Staphylococcus aureus (MRSA) and Herpes Gladiatorum, blood-borne pathogens such as HIV and Hepatitis B, and other infectious diseases such as Influenza can often be greatly reduced through proper hygiene. The NFHS SMAC has outlined and listed below some general guidelines for the prevention of the spread of these diseases.

**OTHER COMMUNICABLE DISEASES**

Means of reducing the potential exposure to these agents include:

- Appropriate vaccination of athletes, coaches and staff as recommended by the Centers for Disease Control (CDC).
- During time of outbreaks, follow the guidelines set forth by the CDC as well as State and local Health Departments.

For more detailed information, refer to the Infectious Disease and Blood-borne Pathogens” and “Skin Disorders” sections contained in the NFHS Sports Medicine Handbook.

**INFECTIONOUS SKIN DISEASES**

Strategies for reducing the potential exposure to these infectious agents include:

- Athletes must be told to notify a parent or guardian, athletic trainer and coach of any skin lesion prior to any competition or practice. An appropriate health-care professional should evaluate any skin lesion before returning to competition.
- If an outbreak occurs on a team, especially in a contact sport, all team members should be evaluated to help prevent the potential spread of infection.
- Coaches, officials and appropriate health-care professionals must follow NFHS or state/local guidelines on “time until return to competition.” Participation with a covered lesion may be considered if in accordance with NFHS, state or lock guidelines and the lesion is no longer contagious.

**UNIVERSAL HYGIENE PROTOCOL FOR ALL SPORTS**

- Shower immediately after every competition and practice.
- Wash all workout clothing after each practice.
- Wash personal gear (knee pads and braces) weekly.
- Do not share towels or personal hygiene products (razors) with others.
- Refrain from full body (chest, arms, abdomen) cosmetic shaving.
SPORTS MEDICINE COMMITTEE RECOMMENDATIONS

The PIAA Sports Medicine Committee recommends that each registered sports official have an annual physical examination and practice good health habits. Being physically fit and conveying an appropriate, positive image through proper health and nutrition habits will greatly assist all officials in keeping up with the game. After all, the game, the schools, players, coaches, spectators and fellow officials deserve no less. As importantly, officials owe good health habits to themselves and their families if for nothing more, than the health of it. If officials have any chronic health condition, officials are requested to share this information with on site medical personnel at their contest(s).

POLICY ON EYE SHADE

The use of eye shade must be worn as a single, solid stroke under the eye. There shall be no numbers, words, logos, symbols or other detail located in the eye shade. The eye shade shall not extend below the cheek bone and extend no further than the width of the eye socket. Players having eye shade that does not meet the standard are to remove it or comply with the PIAA interpretation before participation in the game. If the players do not comply, the officials may impose unsportsmanlike conduct type penalties as determined by their respective rules code.

If you are in need of updating your officiating supplies, please be reminded that Officially Sports is the official vendor of PIAA Sport Officials’ Uniforms. Please give them your consideration for any purchases regarding officials’ supplies. If interested, you may provide them with your email address to send you their catalog, seasonal specials and discounted items that may be of interest and service to your avocation of sports’ officiating. Officially Sports may be contacted via email at sales@officiallysports.com, by calling 800-934-4555 or at www.officiallysports.com.
GUIDELINES ON HANDLING PRACTICES AND CONTESTS DURING LIGHTNING OR THUNDER DISTURBANCES

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

PROACTIVE PLANNING

1. Assign staff to monitor local weather conditions before and during practices and contests.

2. Develop an evacuation plan, including identification of appropriate nearby safer areas and determine the amount of time needed to get everyone to a designated safer area:

   a. A designated safer place is a substantial building with plumbing and wiring where people live or work, such as a school, gymnasium or library. An alternate safer place from the threat of lightning is a fully enclosed (not convertible or soft top) metal car or school bus.

   b. Develop criteria for suspension and resumption of play:

   c. When thunder is heard or lightning is seen*, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for at least 30 minutes and vacate the outdoor activity to the previously designated safer location immediately.

   d. 30-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed* prior to resuming play.

   e. Any subsequent thunder or lightning* after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.

   f. When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, you should never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning* should always take precedence over information from a mobile app or lightning-detection device.

   * – At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.

   g. Review the lightning safety policy annually with all administrators, coaches and game personnel and train all personnel.

   h. Inform student-athletes and their parents of the lightning policy at start of the season.

Revised and Approved March 2018
GIRLS' LACROSSE, COACH, OR TEAM PERSONNEL DISQUALIFICATION FORM

During the PIAA girls' lacrosse regular season and Postseason, a disqualified (red-carded) girls' lacrosse contestant, coach, and/or Team personnel shall not be permitted to participate for the remainder of the day and in all Contests on the next Contest day of the same level (varsity, junior varsity, or otherwise) of competition from which the contestant, coach, and/or Team personnel was previously disqualified. For a coach, participation in the next Contest includes any contact by the coach with members of the Team, including other coaches, between the time that the Team arrives at the Contest site and the conclusion of the last Contest of the day. The Principal shall direct the coach not to attend all of the Contest(s), in accordance with ARTICLE XIII, Section 8, of the PIAA By-Laws; and NFHS Girls'/Women's Lacrosse Rules 6-8 and 7-34 as adopted by PIAA. The official must complete this form on-line, as soon as possible, but no later than 24 hours following the completion of the Contest in which the disqualification took place. This form can be found at www.piaa.org under the Officials Section – Officials' Forms category.

<table>
<thead>
<tr>
<th>Name of Disqualified Player, Coach and/or Team Personnel</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date of Game</td>
<td>Location of Game/Tournament</td>
</tr>
<tr>
<td>Visiting Team</td>
<td>PIAA District</td>
</tr>
<tr>
<td>Home Team</td>
<td>PIAA District</td>
</tr>
<tr>
<td>Name of Referee Who Issued Disqualification</td>
<td>Level of Competition</td>
</tr>
</tbody>
</table>

REASON FOR DISQUALIFICATION

DATE OF REPORT   OFFICIAL’S NAME (person issuing DQ)   PIAA DISTRICT
NOTES: