Pennsylvania Interscholastic Athletic Association, Inc.

2017-2018 Wrestling
Bulletin I
Rules, Revisions, and Interpretations

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RECENT INTERPRETATIONS

Situation #1: Is it illegal to drop the straps of a singlet while on the mat, if the wrestling is wearing a legal compression shirt under the singlet?

Answer: The wrestler would still be in proper uniform.

Situation #2: Clarification of Rule 7-1-5w.

Answer: The way the rule is written, it is not clear who must be standing. It could be both or either. The intent of the rule is that both must be standing to be illegal.

Situation #3: A wrestler is in a Petersen type reversal with the defensive wrestler out of bounds and the offensive wrestler on his buttocks and feet in bounds. As he tries to pin his opponent, his buttocks slides out of bounds but his feet remain on the mat in bounds. He then raises to his heels to get ore pressure. How should this be called?

Answer: If the move is conducted while both wrestlers are in bounds, then we do not have a problem (flat feet, everything in bounds). Once the defensive wrestler moves out of bounds and the offensive wrestler is drawn out there, that is when things get interesting with his supporting points. Rule 5-15-2 has not changed. However, with the Peterson applied to the defensive wrestler out of bounds and the offensive wrestler’s buttocks is in the air and his feet (flat on the mat) on the mat, we have considered that out of bounds because the offensive wrestler does not have any supporting points in bounds. His feet are just balance points. He raised his buttocks in the air to gain leverage.

Situation #4: If an offensive wrestler is holding his opponent who is out of bounds while on one foot and one knee in bounds, is the offensive wrestler legally in bounds?

Answer: He does not have both knees as required by the rules. Feet are not addressed while down on the mat. We consider him down on the mat because under take downs, we are to award a take down if on one knee beyond reaction time. Also, we would call a locked hands if on one knee. Technically, he does not have supporting points in bounds while down on the mat. It would not be reasonable to call the offensive wrestler out of bounds. He has nothing out of bounds and all that is supporting him is in bounds.
### RECENT INTERPRETATIONS CONTINUED

#### Situation #5: A wrestler is wearing a compression shirt and it is not tucked in. What should I do?

**Answer:** Although the rule does not address the compression shirt tucked into either of the two types of wrestling shorts, the shirt must be tucked in. That is why it must have a three inch tail in the rear. Also stating in the rear means that the tail does not have to be all around the shirt.

#### Situation #6: A wrestling is wearing shorts with slits on the side. Are they legal?

**Answer:** NFHS has discussed and decided not to disallow slits on the sides of the shorts designed for wrestling. They have not imposed any size regulations.

#### Situation #7: A wrestler is wearing a pair of the approved competition shorts for weigh-ins. Is this considered under garments for the purposes of the rule?

**Answer:** NFHS has declared either of the shorts allowed as a uniform piece could be considered as suitable under garments for weigh-ins.

#### Situation #8: Clarification on Rule 5-15-2 - “Other than those parts with which the wrestler is holding his opponent”.

**Answer:** It means that those parts are not to be considered when determining in or out of bounds.

#### Situation #9: Clarification on Matches

**Answer:** Rule 1-1: A match is a COMPETITION between two wrestlers. Rule 1-4-4: need 45 minutes rest between matches. Rule 1-4-5: Cannot accept a forfeit and compete in another weight class in the same competition. In the past if a wrestler accepted a forfeit and wanted to wrestle an exhibition match, we required the wrestler to have a 45 minutes rest. NFHS is now saying with the recent rule change not counting a forfeit in the five a day limit and a forfeit not fulfilling the definition of a match, no 45 minutes rest is needed to compete again. This comes up a lot in the Jr. High meets.

#### Situation #10: Out of bounds, especially with the new pinning criteria.

**Answer:** In both assume the top (offensive) to be out of bounds. In the first only a small part of the top of one shoulder of the defensive wrestler is over the line in bounds. It is in near fall criteria but not touching the mat. In the second situation the defensive wrestler has lower body up to his waist out of bounds. From the waist up he is in bounds, in near fall criteria but not touching the mat. In both situations, they would be considered in bounds and treated as such. If either would come out of criteria he would be considered out of bounds and wrestling stopped and any points awarded. Originally NFHS was saying that the points of near fall criteria had to be touching like supporting points to be in bounds but have now changed to just being in criteria and not touching.

#### Situation #11: Clarification on the new legal uniforms.

**Answer:** The compression shirt may be worn alone or under the singlet, but not over the singlet. Compression shorts designed for wrestling may be worn alone or under the singlet, but not over the singlet. The other type of shorts designed for wrestling may be worn alone or over the singlet, but not under the singlet. These items are all considered uniform items and therefore are subject to the manufactures logo rule. They may be decorated just like any singlet is currently.
RECENT INTERPRETATIONS CONTINUED

If you are interested in working the State Tournament in the future, it is required that you attend the PIAA State Official’s Convention once every five years, and be an official in good standing. Please consider attending this year’s convention.

August 3 & 4, 2018
Hilton Harrisburg

All proposed Rule Change proposal must be filled out on line at: nfhs.org/RuleChangeProposal by February 1st and please share your concerns with John Hosage at Johnhosage@aol.com