Pennsylvania Interscholastic Athletic Association, Inc.

2008 TRACK & FIELD CHAMPIONSHIPS

CONDITIONS OF ENTRY INTO PIAA INTER-DISTRICT CHAMPIONSHIP CONTESTS

PIAA member schools are not required to enter PIAA championship events. Entry and participation in the 2008 PIAA Track and Field Championships are voluntary. Entry into the 2008 PIAA Track and Field Championships signifies that the member school accepts the fact that the PIAA Executive Director, or the Executive Director's designee, reserves the right to make changes in the date of Contests, location of Contests, management, operation, and schedule of the 2008 PIAA Track and Field Championships if, in the judgment of the Executive Director or the Executive Director's designee, it becomes necessary to do so.

MINIMUM NUMBER OF TRACK AND FIELD ENTRIES TO CHAMPIONSHIPS

The minimum number of track and field entries from each PIAA District's qualifying meet, per enrollment classification, to the PIAA Track and Field Championships shall be based on the number of member schools that sponsor a track and field Team which participates in more than 50% of the maximum permitted number of Regular Season Contests in that sport. The following chart lists the minimum number of entries, per enrollment classification, from each PIAA District's qualifying meet to the PIAA Track and Field Championships:

<table>
<thead>
<tr>
<th>District</th>
<th>AA Girls Min. No. of T&amp;F Entries</th>
<th>AAA Girls Min. No. of T&amp;F Entries</th>
<th>AA Boys Min. No. of T&amp;F Entries</th>
<th>AAA Boys Min. No. of T&amp;F Entries</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
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<tr>
<td>II</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>III</td>
<td>3</td>
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<td>5</td>
<td>5</td>
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<tr>
<td>IV</td>
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<td>1</td>
<td>1</td>
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<tr>
<td>V</td>
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<td>0</td>
<td>0</td>
</tr>
<tr>
<td>VI</td>
<td>3</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Totals</td>
<td>24</td>
<td>24</td>
<td>24</td>
<td>24</td>
</tr>
</tbody>
</table>

The PIAA Track and Field Championships is a NO SCRATCH MEET! A contestant may not scratch from a PIAA Track and Field Championships event for which they have qualified, after the District has submitted its qualifiers to the PIAA Headquarters, except when an illness or injury, certified to by a physician and/or the PIAA Track and Field Championships meet referee, forces a contestant to withdraw. This applies to both contestants in individual events and individual members of relay Teams, but not entire relay Teams. The next place finisher in that event, in that District qualifying meet, shall be moved up into the qualifying position previously held by the scratched contestant to provide for the minimum number of entries from that District qualifying meet to the PIAA Track and Field Championships.

The head track and field coach of a school that desires to scratch a contestant, who has qualified for a 2008 PIAA Track and Field Championships event, must complete a PIAA TRACK AND FIELD CHAMPIONSHIPS SCRATCH form prior to the District submitting its qualifiers to the PIAA Headquarters.

Scratches occurring at the PIAA Track and Field Championships will be received at registration for the PIAA Track and Field Championships or in the equipment room located under the West Stands of Seth Grove Stadium. A PIAA TRACK AND FIELD CHAMPIONSHIPS SCRATCH FORM MUST BE COMPLETED BY THE HEAD TRACK AND FIELD COACH OF THE SCHOOL CONCERNED and the contestant's number of the scratched contestant must be surrendered at the time the scratch is reported, resulting in disqualification from further participation in the PIAA Track and Field Championships.

lodging and meals

Lodging and meals are available on the Shippensburg University campus at a package cost of $95.00 per person. This fee includes Thursday dinner, Thursday night lodging, Friday breakfast, Friday lunch, Friday dinner, Friday night lodging, Saturday breakfast, and Saturday lunch (two [2] nights lodging and six [6] meals). Schools are not required to purchase the lodging and meals package; however, if reservations are desired, they are subject to the following limitations: one (1) male qualifier from a school requesting housing, no more than one (1) coach from that school will be housed; one (1) female qualifier from a school requesting housing, no more than one (1) coach from that school will be housed; two (2) or more male qualifiers from a school requesting housing, no more than two (2) coaches from that school will be housed; two (2) or more female qualifiers from a school requesting housing, no more than two (2) coaches from that school will be housed; and only the four (4) members of a qualifying relay Team that will actually compete in the PIAA Track and Field Championships, and request housing, will be housed. Shippensburg University can accommodate and will house up to 2,200 qualifiers and coaches in its residence halls; however, additional (extra) coaches from a school and qualifying relay Team alternates cannot be accommodated and, therefore, will not be housed by Shippensburg University. Every effort will be made by Shippensburg University to house coaches and their qualifiers in the same residence hall. Shippensburg University will provide sheets, pillows, and pillowcases. Coaches and contestants must bring their own blankets and towels.

Each school is responsible for making their own online housing reservations at www.ship.edu, as well as submitting payment for ALL lodging and meals package requests at registration for the PIAA Track and Field Championships. All checks must be made payable to SHIPPENSBURG UNIVERSITY FOUNDATION. Alternate financing plans have been arranged for member schools under the jurisdiction of the PIAA District VII Committee (Pittsburgh Public Schools) and the PIAA District XII Committee (School District of Philadelphia).

on campus supervision

Coaches will be responsible for supervising their contestants at ALL TIMES both on and off the Shippensburg University campus. Misconduct by coaches and/or contestants will NOT be tolerated. Offenders will be subject to expulsion from the Shippensburg University campus and from the PIAA Track and Field Championships.
Curfew will be in effect from 11:00 p.m. on Thursday AND Friday nights until 6:00 a.m. the following mornings. Coaches and contestants **MUST** be in their respective residence halls between 11:00 p.m. and 6:00 a.m. each night **AND** MUST be in their respective residence hall rooms observing the same period of time as **QUIET HOURS**. ADMISSION TO SHIPPENSBURG UNIVERSITY RESIDENCE HALLS AFTER 11:00 P.M. WILL BE BY SU/PIAA ID CARD ONLY; AS ALL RESIDENCE HALLS WILL BE LOCKED FROM 11:00 P.M. UNTIL 6:00 A.M!

Damage and vandalism **WILL NOT BE TOLERATED**! All damage to residence hall rooms and to room contents including extra cleaning charges for rooms left in dirty condition and charges for lost sheets, pillows, and pillow cases will be billed by Shippensburg University directly to the school that the room occupants represented while at the PIAA Track and Field Championships. Room phones are **NON-OPERATIONAL**! Room trading and furniture moving is **NOT PERMITTED**! Returning moved items will be a minimum charge of $20.00.

Food service will be available in Student Recreation Building at the following times:

<table>
<thead>
<tr>
<th>Day</th>
<th>Meal</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>Dinner</td>
<td>5:00 p.m. - 8:00 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>Breakfast</td>
<td>6:00 a.m. - 9:00 a.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>Lunch</td>
<td>11:00 a.m. - 2:00 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>Dinner</td>
<td>5:00 p.m. - 8:00 p.m.</td>
</tr>
<tr>
<td>Saturday</td>
<td>Breakfast</td>
<td>6:00 a.m. - 9:00 a.m.</td>
</tr>
<tr>
<td>Saturday</td>
<td>Lunch</td>
<td>11:00 a.m. - 2:00 p.m.</td>
</tr>
</tbody>
</table>

**REGISTRATION, COACHES’ AND CONTESTANTS’ CLINIC, MANDATORY COACHES’ MEETING, AND CHECKOUT**

Registration will be held from 12:00 p.m. until 5:00 p.m., Thursday, May 22, 2008, in Multi-Purpose Room 214 of the Ceddia Union Building (CUB), on the campus of Shippensburg University of Pennsylvania, Shippensburg, PA. **After 5:00 p.m., registration** will be held at the main desk of Mowrey Residence Hall, Shippensburg University.

A coaches’ and contestants’ clinic will be held from 1:00 p.m. to 5:00 p.m., Thursday, May 22, 2008 in Orndorff Theatre of the CUB.

A mandatory meeting of **ALL** head track and field coaches being housed in Shippensburg University residence halls will be conducted at **7:00 p.m., Thursday, May 22, 2008** in Memorial Auditorium, Shippensburg University.

Late registration will begin at 8:00 a.m. on Friday, May 23 and on Saturday, May 24, 2008 at the South Gate of Seth Grove Stadium, Shippensburg University of Pennsylvania. Registration packets will include:

1. Map of Shippensburg University Campus
2. Two (2) Coaches’ Passes
3. Residence Hall Assignments (if applicable)
4. One (1) Complimentary Program
5. General Information for Coaches and Contestants
6. Summary of Shippensburg University Rules and Regulations
7. Competitors’ Numbers

Upon completion of registration, coaches and contestants should report to their assigned residence hall.

Residence Hall checkout will begin at 12:00 p.m., Saturday, May 24, 2008. Before checking-out the following **MUST BE COMPLETED**:

1. Put room in order.
2. Collect sheets and pillowcases.
3. Close and lock room door.
4. Report to residence hall main desk.
5. Have sheets and pillowcases provided by Shippensburg University inventoried at residence hall main desk by Shippensburg University personnel.
6. Report any damage or any lost items at residence hall main desk.
7. Sign checkout sheet at residence hall main desk.

Emergency Health Care

PIAA will arrange to have a physician, an ambulance, and an EMS crew either at the Contest site or “on call”, to provide emergency medical care. PIAA-contracted certified athletic trainers will be available for emergency health care. Athletic trainers reserve the right to charge a school for any training supplies that were supplied by the athletic trainers or that were used by the school.

Practice

Seth Grove Stadium, Shippensburg University, will be **open** to coaches and contestants, for practice purposes, from **12:00 p.m. until 6:00 p.m. on Thursday, May 22, 2008**. In order to reasonably accommodate qualifiers in the pole vault event with adequate practice time, **female vaulters** will be scheduled to practice in Seth Grove Stadium from **12:00 p.m. until 3:00 p.m.** and **male vaulters** will be scheduled to practice in Seth Grove Stadium from **3:00 p.m. until 6:00 p.m.** on Thursday, May 22, 2008. Coaches are reminded that they are responsible for supervising their contestants at **ALL TIMES** including, but not limited to, practice sessions.

Seth Grove Stadium, Shippensburg University, will be **open** to coaches and contestants, for practice purposes, from **8:00 a.m. until 8:45 a.m. on Friday, May 23 and Saturday, May 24, 2008**. Seth Grove Stadium will be **closed** to coaches and contestants, for practice purposes, from **the conclusion of competition on Friday, May 23 until 8:00 a.m. on Saturday, May 24, 2008**.

Admission to Stadium

Admission to Seth Grove Stadium for coaches on Friday and Saturday will be by a Coaches’ Pass. Contestants will be admitted on their contestant number. **ALL OTHERS MUST PURCHASE A TICKET**. A maximum of two (2) Coaches’ Passes will be provided, per Team. **COACHES’ PASSES ARE NON-TRANSFERABLE**.

**Ticket Prices**

<table>
<thead>
<tr>
<th>Series</th>
<th>Adult</th>
<th>Student</th>
<th>Coaches’ Passes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Series</td>
<td>$14.00</td>
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<td>Friday</td>
<td>$6.00</td>
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</tr>
<tr>
<td>Saturday</td>
<td>$8.00</td>
<td>$4.00</td>
<td></td>
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</tbody>
</table>
SPIKES, STARTING BLOCKS, AND SURFACES

Pyramid or needle spikes that do not extend beyond the soles of the shoes further than 3/16" shall be permitted on ALL REKORTAN surfaces. Spike length shall be checked for conformity to specifications, PRIOR TO the start of each race or field event, by a judge at the respective staging area. Spikes may be purchased from Shippensburg University at the Shippensburg University spike vendor's trailer located outside the North Gate of Seth Grove Stadium. Only starting blocks that have been preauthorized by PIAA are permitted to be used on the Shippensburg University track. The high jump approach and the pole vault, long jump, triple jump, and javelin throw runways are identical to the REKORTAN track surface. Shot put and discus throw circles are concrete. The use of adherents, chalk, or spray paint on any REKORTAN surface is PROHIBITED! Adherents are PROHIBITED on PIAA supplied implements, javelin boots, shoes, and throwing surfaces.

COMPETITORS' UNIFORM AND CONTESTANTS' NUMBERS

The competitor's uniform shall be issued by the school and worn as intended by the manufacturer. For complete PIAA adoptions and modifications to the competitors' uniform rule, please access the track and field section of the PIAA Web site at www.piaa.org.

Contestants' numbers MUST be securely pinned at the corners to the outside of the back of a contestant's jersey at mid-back level, so as to be plainly visible from a distance of at least twenty (20) yards.

MARCHALING

The infield area and all field event areas will be marshaled. Coaches and spectators will NOT BE PERMITTED on the infield.

Contestants will be permitted on the infield area no earlier than fifteen (15) minutes prior to their event. Contestants must leave the infield area at the point of elimination from their event or at the conclusion of their event, whichever occurs first.

BANNERS, NOISEMAKERS, LISTENING DEVICES, AND SPECTATOR DECORUM

Both the presence and use of balloons, laser pointers, noisemakers, signs, sirens, strips of material, towels, whistles, or portable listening devices (without earphones) are prohibited. Small portable listening devices with earphones and stationary banners and signs, which are sportsmanlike in their messages, are permitted. Portable listening devices (with or without earphones) are PROHIBITED in the infield area and in all field event areas.

INQUIRIES

Any judgment decision pertaining to violations or alleged violations of the rules; a decision made by the finish judges or timers that does not involve misapplication of a rule, or the terms and conditions of competition; and/or whether a start is fair and legal are non-appealable. Inquiries will be accepted in the equipment room located under the West Stands of Seth Grove Stadium.

MEDALS, TROPHIES, AND MEET SCORING

1st, 2nd, 3rd, 4th, 5th, 6th, 7th, and 8th place finishers in each event and in each class, including ties for all places, will receive individual medals. Champion and runner-up Teams in each class will receive trophies. Proper attire at the awards presentation ceremony shall consist of school issued warm-up suit or school issued track and field uniform and shoes. Jewelry (including watches), bracelets (cord or cosmetic), headbands, wristbands, hats, head coverings (except for religious reasons), sunglasses (except prescription), and men's boxer shorts are PROHIBITED.

Team points are awarded to place winners according to the order in which they finish a given event. For scoring purposes, a Team is made up of one or more competitors representing a single school. The Team winner is determined by totaling the points won by the individuals and relay Teams representing that school.

The number of places to be scored for each event shall be as follows:

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
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<tbody>
<tr>
<td>1st</td>
<td>10</td>
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<tr>
<td>2nd</td>
<td>8</td>
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<tr>
<td>3rd</td>
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<tr>
<td>7th</td>
<td>2</td>
</tr>
<tr>
<td>8th</td>
<td>1</td>
</tr>
</tbody>
</table>

When any apparent place winner is disqualified in an event, lower place winners in that event shall be advanced to fill vacant places, unless the disqualification occurs after the event results have become official.

Team points are awarded to place winners according to the order in which they finish a given event. For scoring purposes, a Team is made up of one or more competitors representing a single school. The Team winner is determined by totaling the points won by the individuals and relay Teams representing that school.

COMPETITORS

Contestants officially become competitors when they report to the clerk of the course or field event judge for an event in which they are entered. Contestants who fail to report prior to the clerk of the course closing the entries in the running events or after the judge starts competition in the field events shall not be allowed to participate in that event and shall be disqualified from further participation in the PIAA Track and Field Championships.

Each contestant shall be responsible for obtaining a contestant number and knowing the time schedule. Each contestant is solely responsible for promptly reporting for each event entered and at the location designated.

PARTICIPATION AND ENTRY LIMITATIONS

A competitor shall not compete in more than four events, including relays.

PENALTY: A competitor who participates in more events than allowed by rule shall forfeit all individual places and points and shall be disqualified from further competition in that meet. In a relay(s) event, the Team's relay(s) points and place(s) shall also be forfeited.

In District qualifying meets to the PIAA Track and Field Championships, not more than three (3) contestants from a given school shall be allowed to participate in an individual event. In a relay race, only one Team per school may be entered.

ADHERENTS, CHALK, OR SPRAY PAINT

The use of adherents, chalk, or spray paint on any REKORTAN surface is PROHIBITED! Adherents and spray paint are PROHIBITED on PIAA supplied implements, javelin boots, shoes, and throwing surfaces.

To obtain a better grip in the throwing events, competitors are permitted to use chalk or an adhesive or similar substance such as rosin on their hands during competition.
GENERAL RULES FOR FIELD EVENTS

All competition in the pole vault, jumping events and throwing events shall be conducted in one session and the order of competition in the trials of all of those events shall be in ascending order of the contestants’ qualifying height or distance. Each competitor in the long jump, triple jump, shot put, discus throw and javelin throw shall be allowed three (3) preliminary trials. The top nine (9) competitors, at the conclusion of the preliminaries, shall advance to the finals. In the finals, each qualifier shall be allowed three (3) additional trials in ascending order of their performance in the preliminaries. Competitors shall be credited with their best performance regardless of whether it is in the preliminaries or finals. Competitors excused to compete in another event shall have a maximum of ten (10) minutes from the time they are excused until they must make themselves available for their next trial.

PIAA shall provide implements for the shot put and discus throw. All competitors shall be required to use the provided implements. Qualifiers in the pole vault and javelin throw shall provide their own equipment. Vaulting poles and javelins shall be stored in the storage room of Seth Grove Stadium. Female vaulters weights shall be verified from 7:00 a.m. until 8:00 a.m. and male vaulters weights shall be verified from 10:30 a.m. until 11:30 a.m. on each day of competition in the football locker room of Seth Grove Stadium. Javelins must be checked for conformity to NFHS Track and Field Rule 6-6-2 (IAAF specifications), PRIOR TO the start of competition, in the equipment room of Seth Grove Stadium, according to the following schedule: 7:00 a.m. to 8:00 a.m. for 9:00 a.m. competition, and 10:30 a.m. to 11:30 a.m. for 12:30 p.m. competition.

Javelin throw runway surface is identical to the REKORTAN track surface. Approved footwear for the javelin throw includes javelin boots containing pyramidal or needle spikes that do not extend beyond the soles of the shoes further than 3/16”. Approved footwear for the vaulting pole shall be approved and meet the specifications of the National Federation of State High School Associations. The use of adherents, chalk, or spray paint on any REKORTAN surface is PROHIBITED! Adherents and spray paint are PROHIBITED on PIAA supplied implements, javelin boots, shoes, and throwing surfaces.

Distances and heights shall be recorded in feet and inches. Any judgment decision pertaining to violations or alleged violations of the rules are non-appealable.

QUALIFYING PROCEDURES FOR TRACK EVENTS

100 meter hurdles, 110 meter hurdles, 100 meter dash and 200 meter dash—Sixteen (16) contestants from the preliminary heats advance on place/time to the final. 3200 meter relay, 1600 meter run, and 800 meter run—Twelve (12) contestants from the preliminary heats advance on place/time to the final. 400 meter dash, 400 meter relay, 300 meter hurdles and 1600 meter relay—Eight (8) contestants from the preliminary heats advance on place/time to the final. 3200 meter relay, 1600 meter run, and 800 meter run—Twelve (12) contestants from the preliminary heats advance on place/time to the final. 3200 meter run—A final.

Pyramid or needle spikes that do not extend beyond the soles of the shoes further than 3/16” shall be permitted on the Shippensburg University REKORTAN track. Spike length shall be checked for conformity to specifications, PRIOR TO the start of each race, by a judge at the staging area. The use of adherents, chalk or spray paint on any REKORTAN surface is PROHIBITED! ONLY TAPE shall be permitted to mark acceleration zones in the 400 meter relay.

The 400 meter dash shall be run using a two turn stagger. The 1600 meter relay shall be run using a three turn stagger.

Only PIAA preauthorized starting blocks shall be permitted on the Shippensburg University track. Coaches and spectators are NOT PERMITTED on the infield. Contestants are permitted on the infield, but they may enter the infield NO EARLIER than fifteen (15) minutes prior to their event. Contestants must leave the infield area at the point of elimination from their event or at the conclusion of their event, whichever comes first.

Any judgment decision pertaining to violations or alleged violations of the rules; a decision made by the finish judges or timers that does not involve misapplication of a rule, or the terms and conditions of competition; and/or whether a start is fair and legal are non-appealable. Inquiries will be accepted in the equipment room located under the West Stands of Seth Grove Stadium.